## **Example: Monthly Calendar – Adult Day Center**

	Monday		Tuesday		Wednesday		Thursday		Friday
	Hioliday	4	iucsuay	5	vvcullesuay	6	inuisuay	7	inday
			Morning Greeting		Morning Greeting		Morning Greeting		Morning Greeting
			Coffee/Reminisce		Coffee Talk/Rebus		Coffee Talk		Coffee/Horoscopes
			Word Game/Painting		Art with Susie/Trivia		Current Events/Painting		Computer Class
			Chair Yoga/Music		Chair Aerobics/Talk		Chair Yoga/Walking		Jewelry Class*
			Lunch		Lunch		Lunch		Get Fit/Discussion
			Carol's Corner	_	Painting with Pat		Advanced Painting		Lunch
			Mind Stretcher Trivia		Sing-A-Long		Sunshine Duo Singers*		Music and Dancing
			Guy Talk		Trivia/Card Games		Live and Learn Book Talk		Music and Dancing
			Hangman/Word List	_	Fall Table Arrangements		Foil Art		Grandparents Project
			Get Fit/Trivia	-	Chair Yoga/Reading		Chair Yoga/Storytelling		Chair Yoga/Puzzles
			Music Bingo/Cards		Word Games/Cards		Classical Music/Bridge		In A Word/Scrabble
10		11	iviusic biligo/ carus	12	word dames/ cards	13	Classical Music/ Bridge	14	III A Word/Scrabble
	Morning Greeting		Morning Greeting	_	Morning Greeting		Morning Greeting		Morning Greeting
	Coffee/Horoscopes		Coffee/News		Coffee/Word Search		Coffee/Editorial Talk		Coffee/Word Scramble
	Professions Group		Painting/Scattergories		Art with Susie		Current Events/Painting		Computer Class
	Chair Aerobics/Talk		Belinda's Apple Craft	_	Nostalgic Picture Talk		Chair Yoga/Walking		Get Fit/Reading
	Lunch			-	Chair Aerobics/Talk				Lunch
			Chair Yoga/Music Lunch		Lunch		Lunch		
	Music with Carol Lynn*				Outburst/Reminisce		Advanced Painting		Music and Dancing
	Drawing with Barbara Rebus Picture Puzzles		Trivia/Carol's Corner Name That Tune		Painting with Pat		Girl Talk/Hangman  Tea Lecture and Sampling		Music and Dancing Henna Ink Hand Art
							Ceramics		
	Chair Yoga/Art Class Questions To Think About		Patriot's Day Craft Get Fit/Crossword Puzzle	_	Immigration Lecture*				Chair Yoga Reminisce Discussion
	-		•	-	Chair Yoga/Reading		Chair Yoga/Storytelling		
	Last Two Word Game		Bingo/Scrabble/Cards		Hangman Word Game		Music Bingo/Cards		Music and Relaxation
<b>17</b>	Morning Greeting	18	Morning Greeting	19 °	Morning Greeting	20	Morning Greeting	<b>21</b>	Morning Greeting
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				-					
9	Coffee/Editorial Talk	9	Coffee Chat/Word Find	9	Coffee Chat/Horoscopes	9	Coffee/Word Search	9	Coffee/Boggle
9 10	Coffee/Editorial Talk Rosh Hashanah Discussion	9 10	Coffee Chat/Word Find Guy Talk	9 10	Coffee Chat/Horoscopes Shut the Box	9 10	Coffee/Word Search Jacobo's Current Events	9 10	Coffee/Boggle Painting with Pat
9 10 11	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart	9 10 10	Coffee Chat/Word Find Guy Talk Shut the Box game	9 10 10	Coffee Chat/Horoscopes Shut the Box Art with Susie	9 10 10	Coffee/Word Search Jacobo's Current Events Painting/Spa Services	9 10 10	Coffee/Boggle Painting with Pat Computer Class
9 10 11 12	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch	9 10 10 11	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music	9 10 10 11	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk	9 10 10 11	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking	9 10 10 11	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion
9 10 11 12 1	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word	9 10 10 11 12	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch	9 10 10 11 12	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch	9 10 10 11 12	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch	9 10 10 11 12	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch
9 10 11 12 1 2	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara	9 10 10 11 12 1	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit*	9 10 10 11 12 1	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class	9 10 10 11 12 1	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting	9 10 10 11 12	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing
9 10 11 12 1 2	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture	9 10 10 11 12 1	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social	9 10 10 11 12 1	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings	9 10 10 11 12 1	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines	9 10 11 12 1 2	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing
9 10 11 12 1 2 2	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book	9 10 11 12 1 2 3	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia	9 10 11 12 1 1 2	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art	9 10 10 11 12 1 1	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia	9 10 11 12 1 2 3	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga
9 10 11 12 1 2 2 3 3	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga	9 10 11 12 1 2 3	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics	9 10 11 12 1 1 2 3	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story	9 10 11 12 1 1 2 3	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art	9 10 11 12 1 2 3 3	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories
9 10 11 12 1 2 2 3 3 4	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards	9 10 11 12 1 2 3 3 4	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia	9 10 11 12 1 1 2 3 4	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art	9 10 11 12 1 2 3 4	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia	9 10 11 12 1 2 3 3	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga
9 10 11 12 1 2 2 3 3 4 24	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards	9 10 10 11 12 1 2 3 3 4 25	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble	9 10 11 12 1 2 3 4 26	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation	9 10 11 12 1 2 3 4 27	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge	9 10 11 12 1 2 3 3 4 <b>28</b>	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards
9 10 11 12 1 2 2 3 3 4 24 8	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards Morning Greeting	9 10 11 12 1 2 3 3 4 <b>25</b> 8	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble Morning Greeting	9 10 11 12 1 1 2 3 4 <b>26</b> 8	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation Morning Greeting	9 10 11 12 1 2 3 4 <b>27</b> 8	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge Morning Greeting	9 10 11 12 1 2 3 4 <b>28</b> 8	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting
9 10 11 12 2 3 3 4 24 8 9	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game	9 10 11 12 1 2 3 3 4 25 8	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble Morning Greeting Coffee Talk/Editorials	9 10 10 11 12 1 2 3 4 <b>26</b> 8	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat	9 10 11 12 1 2 3 4 27 8 9	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk	9 10 11 12 1 2 3 3 4 <b>28</b> 8 9	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes
9 10 11 12 2 2 3 3 4 24 8 9	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game	9 10 11 12 1 2 3 3 4 25 8 9	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble Morning Greeting Coffee Talk/Editorials Jewelry */Painting	9 10 10 11 12 1 2 3 4 26 8 9	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search	9 10 11 12 1 2 3 4 <b>27</b> 8 9	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat	9 10 11 12 1 2 3 3 4 <b>28</b> 8 9	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit
9 10 11 12 1 2 2 3 3 4 24 8 9 9	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia	9 10 10 11 12 2 3 3 4 25 8 9 10	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion	9 10 10 11 12 1 1 2 3 4 <b>26</b> 8 9	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie	9 10 11 12 1 2 3 4 27 8 9 10	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events	9 10 10 11 12 3 3 4 <b>28</b> 8 9	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat
9 10 11 12 2 3 3 4 24 8 9 9 10 10	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb	9 10 10 11 12 1 2 3 3 4 25 8 9 10 11	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music	9 10 10 11 12 1 2 3 4 26 8 9 9 10	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion	9 10 10 11 12 1 2 3 4 27 8 9 10 10	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking	9 10 11 12 1 2 3 4 28 9 9 10	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion
9 10 11 12 2 2 3 3 4 24 8 9 9 10 10	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb Chair Aerobics/Talk	9 10 10 11 12 3 3 4 25 8 9 10 11 12	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music Lunch	9 10 10 11 12 1 1 2 3 4 26 8 9 9 10 11	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion Chair Aerobics/Talk	9 10 10 11 12 1 2 3 4 27 8 9 10 10 11	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking Lunch	9 10 10 11 12 3 3 4 28 8 9 10 11	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion Get Fit Chair Aerobics
9 10 11 12 2 3 3 4 24 8 9 10 10 11 12	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb Chair Aerobics/Talk Lunch	9 10 10 11 12 3 3 4 25 8 9 10 11 12 12	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music Lunch Jamaica Discussion	9 10 10 11 12 1 1 2 3 4 26 8 9 10 10 11 12	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion Chair Aerobics/Talk Lunch	9 10 10 11 12 1 2 3 4 27 8 9 10 10 11 12 1	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking Lunch Advanced Painting	9 10 10 11 12 3 3 4 28 8 9 10 11 11 12	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion Get Fit Chair Aerobics Lunch
9 10 11 12 2 3 3 4 24 8 9 9 10 10 11 12 1	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb Chair Aerobics/Talk Lunch Dance Demonstration*	9 10 10 11 12 2 3 3 4 25 8 9 10 11 12 12	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music Lunch Jamaica Discussion Carol's Corner	9 10 11 12 1 2 3 4 26 8 9 9 10 10 11 12 1	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion Chair Aerobics/Talk Lunch Sing-A-Long	9 10 10 11 12 1 2 3 4 27 8 9 10 10 11 12 1	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking Lunch Advanced Painting Famous Buildings	9 10 11 12 1 2 3 4 28 8 9 10 11 11 11 12	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion Get Fit Chair Aerobics Lunch Music and Dancing
9 10 11 12 2 3 3 4 24 8 9 10 10 11 12 12 2	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb Chair Aerobics/Talk Lunch Dance Demonstration* Drawing with Barbara	9 10 11 12 2 3 3 4 25 8 9 10 11 12 1 12 2	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music Lunch Jamaica Discussion Carol's Corner Reminisce Discussion	9 10 11 12 1 2 3 4 26 8 9 10 10 11 12 1 2	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion Chair Aerobics/Talk Lunch Sing-A-Long Debate Topics/Scrabble	9 10 11 12 1 2 3 4 27 8 9 10 10 11 12 1 2	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking Lunch Advanced Painting Famous Buildings Ron Dagan Live*	9 10 11 12 1 2 3 3 4 28 9 9 10 11 11 12 2	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion Get Fit Chair Aerobics Lunch Music and Dancing Music and Dancing
9 10 11 12 2 3 3 4 24 8 9 9 10 11 12 1 2 2	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb Chair Aerobics/Talk Lunch Dance Demonstration* Drawing with Barbara Crossword/Storytelling	9 10 11 12 3 3 4 25 8 9 10 11 12 1 1 2	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music Lunch Jamaica Discussion Carol's Corner Reminisce Discussion Uplifting Stories	9 10 11 12 1 2 3 4 26 8 9 9 10 11 12 1 2 2	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion Chair Aerobics/Talk Lunch Sing-A-Long Debate Topics/Scrabble Autumn Craft	9 10 11 12 3 4 27 8 9 10 10 11 12 1 1	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking Lunch Advanced Painting Famous Buildings Ron Dagan Live* Wooden Craft	9 10 11 12 3 3 4 28 8 9 9 10 11 11 12 2	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion Get Fit Chair Aerobics Lunch Music and Dancing Music and Dancing Chair Yoga
9 10 11 12 2 3 3 4 24 8 9 9 10 11 12 1 2 2 3	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb Chair Aerobics/Talk Lunch Dance Demonstration* Drawing with Barbara Crossword/Storytelling Chair Yoga/Trivia Talk	9 10 11 12 3 3 4 25 8 9 10 11 12 1 1 2 3 3 3 3	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music Lunch Jamaica Discussion Carol's Corner Reminisce Discussion Uplifting Stories Get Fit	9 10 11 12 1 2 3 4 26 8 9 9 10 11 12 1 2 2 3	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion Chair Aerobics/Talk Lunch Sing-A-Long Debate Topics/Scrabble Autumn Craft Chair Yoga/Reminisce	9 10 11 12 1 2 3 4 27 8 9 10 10 11 12 1 2 3 3	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking Lunch Advanced Painting Famous Buildings Ron Dagan Live* Wooden Craft Chair Yoga	9 10 11 12 3 3 4 28 9 9 10 11 11 12 2 3	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion Get Fit Chair Aerobics Lunch Music and Dancing Music and Dancing Chair Yoga Word List Game
9 10 11 12 2 3 3 4 24 8 9 9 10 11 12 1 2 2 3	Coffee/Editorial Talk Rosh Hashanah Discussion Chair Aerobics/Mozart Lunch In A Word Drawing with Barbara Belinda's Health Lecture Live and Learn Book Chair Yoga Word Games/Billiards  Morning Greeting Coffee Talk/Things Game Things Game Painting with Pat/Trivia Pet Visit with Gwen Herb Chair Aerobics/Talk Lunch Dance Demonstration* Drawing with Barbara Crossword/Storytelling	9 10 11 12 3 3 4 25 8 9 10 11 12 1 1 2 3 3 3 3	Coffee Chat/Word Find Guy Talk Shut the Box game Chair Yoga/Music Lunch Music by InSpirit* Ice Cream Social Critical Thinking Trivia Get Fit Chair Aerobics Boggle/Bridge/Scrabble  Morning Greeting Coffee Talk/Editorials Jewelry */Painting Jamaica Discussion Chair Yoga/Music Lunch Jamaica Discussion Carol's Corner Reminisce Discussion Uplifting Stories	9 10 11 12 1 2 3 4 26 8 9 9 10 11 12 1 2 2 3	Coffee Chat/Horoscopes Shut the Box Art with Susie Chair Aerobics/Talk Lunch Trivia/Jewelry Class Famous Buildings Storytelling/Canvas Art Chair Yoga/Share a Story Music and Relaxation  Morning Greeting Coffee Chat Word Search Art with Susie Yom Kippur Discussion Chair Aerobics/Talk Lunch Sing-A-Long Debate Topics/Scrabble Autumn Craft	9 10 11 12 1 2 3 4 27 8 9 10 10 11 12 1 2 3 3	Coffee/Word Search Jacobo's Current Events Painting/Spa Services Chair Yoga/Walking Lunch Spa Services/Adv. Painting Vicki Shines Radio Memories/Trivia Chair Yoga/Watercolor Art In A Word/Bridge  Morning Greeting Coffee Talk Painting with Pat Jacobo's Current Events Chair Yoga/Walking Lunch Advanced Painting Famous Buildings Ron Dagan Live* Wooden Craft	9 10 11 12 3 3 4 28 9 9 10 11 11 12 2 3	Coffee/Boggle Painting with Pat Computer Class Get Fit/ Discussion Lunch Music and Dancing Music and Dancing Chair Yoga Feel Good Stories Bingo/Jenga/Cards  Morning Greeting Coffee/Horoscopes Trivial Pursuit Art Lecture with Pat Reminisce Discussion Get Fit Chair Aerobics Lunch Music and Dancing Music and Dancing Chair Yoga