



FLORIDA ATLANTIC UNIVERSITY CHRISTINE E. LYNN COLLEGE OF NURSING

College of Nursing *Highlights*

- Dr. Tarsha Jones received funding from the Daisy Foundation J. Patrick Barnes Research Grant Program for her project “Understanding Needs of Black and Hispanic Women with a Cancer Risk.”
- The book *Images in Human Rights: Local and Global Perspectives* was published last month. It includes a chapter by Drs. Opalinski, Dyess and Stein. Titled “An Evolutionary Process of Capturing Images of People Experiencing Homelessness,” the chapter captures images of the health challenges of the homeless in South Florida as illuminated through the foot care event last year.
- The College of Nursing is an early adopter of the American Nurses Association’s program: *Healthy Nurse: Healthy Nation*, encouraging nurses to serve as health and wellness role models for patients, families and communities.
- Yoga classes are offered in the College of Nursing on Tuesdays from noon - 1 p.m. and 5:30 - 6:30 p.m., and on Thursdays from noon - 1 p.m.



U.S. News & World Report Ranks FAU’s College of Nursing Among the Best

The Christine E. Lynn College of Nursing at FAU is listed in the 2017 national rankings for the “Best Online Graduate Nursing Programs” and the “Best Online Graduate Nursing Programs for Veterans” by *U.S. News & World Report*. The College is ranked No. 43 nationally and No. 1 in Florida on the list of “Best Online Graduate Nursing Programs,” and is ranked No. 17 nationally and No. 1 in Florida on the list of “Best Online Graduate Nursing Programs for Veterans.”

“We are proud to be recognized for our innovative programs and outstanding faculty,” said Dean Marlaine Smith. “Our diverse online graduate nursing programs are vital for students and working adults who are determined to complete their nursing degrees or want to advance their careers.”

The College of Nursing’s online graduate programs include Nursing Administration and Financial Leadership, Clinical Nurse Leader and Advanced Holistic Nursing. Learn more about the rankings [here](#).



Study Finds Chair Yoga Effective Treatment for Osteoarthritis

For millions of older adults suffering from osteoarthritis in their lower extremities, chair yoga is proving to be an effective way to reduce pain and improve quality of life. A new study, conducted by FAU researchers, is the first randomized controlled trial to examine the effects of chair yoga on pain and physical

function in older adults with osteoarthritis. The study was published in the current issue of the *Journal of the American Geriatrics Society*.

Dr. Ruth McCaffrey, co-author and emeritus professor in FAU’s College of Nursing, and Dr. Juyoung Park, an associate professor in FAU’s College for Design and Social Inquiry, conducted the study with Dr. Patricia Liehr, co-principal investigator and co-author, and professor in FAU’s College of Nursing; Dr. David Newman, co-author and assistant professor in FAU’s College of Nursing; and Dr. Joseph G. Ouslander, M.D., co-author, senior associate dean of geriatric programs, and chair and professor of the Department of Integrated Medical Science in FAU’s Charles E. Schmidt College of Medicine. Learn more about this study [here](#).



Caring is a Science, *and we study it.* Caring is an Art, *and we practice.* Caring is a Way of Being, *and we live it.*



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