

FLORIDA ATLANTIC UNIVERSITY

TRANSFORMING

Care

CHRISTINE E. LYNN COLLEGE OF NURSING



John Lowe, R.N., Ph.D., F.A.A.N.

EXPANDING FACULTY RESEARCH



Ruth Tappen, R.N., Ed.D., F.A.A.N.
and Joseph Ouslander, M.D.





FLORIDA ATLANTIC UNIVERSITY

CHRISTINE E. LYNN COLLEGE OF NURSING

A Message from the Dean



After nearing completion of my second year as Dean of this very special College of Nursing, I can say that it has been both rewarding and challenging. As I expected, I have been riding a steep learning curve, but I have been blessed with the support of so many wonderful faculty, staff, students, alumni and friends. I thank each of you for your inspiration, love and encouragement. It has meant so much. I am grateful to Dr. Anne Boykin, our previous dean, who coached and advised me during this transition.

Three goals formed my vision for the College's future: **Excellence, Expansion and Engagement.**

The College has been built on a foundation of **excellence**, becoming an international center for caring-based teaching, research, practice and service. This distinguishes us from others, and we will continue to advance this as a point of distinction. We are building our excellence in research and scholarship. The College received nearly two times the external funding for research in the 2011-2012 academic year as it had in 2010-2011. Among the schools of nursing in Florida, we ranked 4th in National Institutes of Health (NIH) funding, and we expect our national ranking to rise significantly in 2013. This magazine features our growing research excellence in four major areas: health equity, healthy aging, holistic health and transforming healthcare environments. Drs. John Lowe, Ruth Tappen and Joseph Ouslander have received significant funding from the NIH for projects addressing health equity and healthy aging.

Consistent with the recommendations from the Carnegie Foundation Report, *Educating Nurses: A Call for Radical Transformation* (Benner, Sutphen, Leonard & Day, 2010), we are enhancing teaching excellence through several initiatives, including the innovative use of nursing situations, developing caring-based simulations, interprofessional education and teaching mentorships, and refining our online courses. Our National Council Licensure Examination (NCLEX) pass rates for 2012 were 93.42 percent, and certification pass rates were 98 percent for our FNP graduates and 92 percent for ANP graduates. The American Holistic Nursing Credentialing Corporation (AHNCC) awarded all programs in the Christine E. Lynn College of Nursing Endorsed Programs status, the only College of Nursing in the country to receive this recognition. Dr. Rose Sherman received a grant to develop a unique Emerging Leaders track in the Master's program. Our excellent faculty members were recognized with honors from local, state and national organizations. Details about these honors are described in this magazine.

Our College of Nursing is **expanding**. Student enrollment has increased to over 1,600 students – an additional 500 since 2007. Enrollment in all degree programs has increased, with the most dramatic in our two doctoral programs. We are examining ways to increase faculty through joint appointments, engaging expert adjuncts to teach, and attracting senior faculty through distinguished professorships. Expanding our faculty practice is another goal. The Louis and Anne Green Memory and Wellness Center and the Diabetes Education and Resource Center are vibrant practice centers that serve as learning laboratories and research sites for faculty and students. We plan to add more sites in the future.

Engagement with the community includes partnerships and outreach within and beyond FAU to community organizations, other educational institutions, businesses, and healthcare organizations. In a unique collaboration with the College of Medicine and Department of Social Work, teams of students are serving the residents of Abbey Delray through the SAGE Program. Our faculty and students continue to participate in academic service learning and global partnerships. A new College of Nursing Advisory Board has been formed and will help us to move from vision to reality.

I imagine exciting possibilities for the Christine E. Lynn College of Nursing as we continue in our 33rd year at Florida Atlantic University. I appreciate all you have done to support the College and ask for your continued support as we advance this vision of excellence, expansion and engagement.

Sincerely,

Marlaine C. Smith, R.N., Ph.D., A.H.N.-B.C., F.A.A.N.
Dean and Helen K. Persson Eminent Scholar

FLORIDA ATLANTIC UNIVERSITY

TRANSFORMING

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Christine E. Lynn and Dr. Marlaine Smith

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Welcoming New Faculty



Marlene Brennan, Instructor

Instructor Marlene Brennan brings a wide range of academic and clinical experience to the classroom. Dr. Brennan's scholarship focuses on the development of a lifestyle management program for African American women to reduce cardiovascular risks. She maintains a practice as a family nurse

practitioner at the Renfrew Center, a women's eating disorder center in Coconut Creek.

Dr. Brennan earned her Bachelor of Science in Nursing degree from State University of New York at Utica/Rome, her Masters of Science in Nursing degree from Pennsylvania State University, and her Doctor of Nursing Practice degree from FAU. She is pursuing a psychiatric mental health nurse practitioner post-graduate certificate from the University of Kansas. She is a member of the Florida Nurses Association, American Nurses Association and Nurse Practitioner Council of Palm Beach County and is certified as a family nurse practitioner.



Lenny Chiang-Hanisko, Associate Professor

Associate professor Lenny Chiang-Hanisko joined FAU from Kent State University's College of Nursing. Her research focuses on polypharmacy issues among immigrant populations, cultural diversity, immigrant health and older adult immigrants. One of Dr. Chiang-Hanisko's studies on

older adult Taiwanese immigrants sought to understand the process of making living arrangement decisions. The results revealed a three-phase process that immigrants generally followed to decide whether to live with adult children, move to a senior living facility or even return to Taiwan.

The Christine E. Lynn College of Nursing welcomed and 2012. All bring unique practice and valuable te

"Healthcare professionals can facilitate the process by helping older immigrants clarify and prioritize values and needs as they relate to decisions about living arrangements and to explore alternatives for reconsidering 'paradise' in a way that respects their cultural values and the realities of life in the U.S.," said Dr. Chiang-Hanisko.

At FAU, Dr. Chiang-Hanisko teaches Nursing Situations in Aging, Chronic Illness and End-of-Life Care; Hospice and Palliative Care; and Philosophical and Theoretical Foundations of Nursing. She was attracted to South Florida from Ohio for its diverse and aging population and to the College of Nursing for its world renowned focus on caring.

Dr. Chiang-Hanisko earned her Bachelor of Science in Nursing from the University of Dubuque, her Master of Science in Nursing from Wayne State University, and her Ph.D. from Boston College.



Coleen Collins, Instructor

Coleen Collins is a new clinical instructor with more than a decade of experience in providing quality, patient-centered care in an acute care setting. She maintains practice as a per diem nurse at Morselife Home Care in West Palm Beach and previously worked as a staff nurse in the cardiovascular step-down unit at JFK Medical Center.

"I am now seeing things through the lens of an educator, which is a totally different ball game from being a student," said Coleen. "I am not just an instructor — I am someone who understands what my students are going through and tries to be there whenever they need my support. I have already learned so much from my students."

My goal is to continue to grow as a caring person.

— Coleen Collins, clinical instructor

Faculty Spotlight

nine new faculty members in 2011
aching experience to our students.

Coleen earned her R.N. degree from Cochran School of Nursing in Yonkers, New York and her Bachelor of Science and Master of Science in Nursing degrees from Florida Atlantic University. She is a member of the American Association of Critical-Care Nurses.



Karethy Edwards, Associate Dean of Academic Programs and Professor

Karethy Edwards is the associate dean for academic programs. In this role, Dr. Edwards oversees all academic programs including program evaluation and accreditation; maintenance of curriculum integrity;

implementation of the strategic plan for the teaching mission; mentorship and evaluation of faculty; preparation of educational grants to support programs and students; and budget management.

Prior to joining FAU, Dr. Edwards was a professor and co-director for the University of Oklahoma's Center for Cultural Competency and Healthcare Excellence. She also was the co-director of the Nursing Research Training Core of the American Indian Diabetes Prevention Center Grant from the National Institutes of Health National Center for Minority Health and Health Disparities. Edwards also serves as the co-editor of the *Journal of Cultural Diversity: An Interdisciplinary Journal*, as well as the president of the Association of Black Nurse Faculty. Dr. Edwards received the Frances and Earl Ziegler Excellence in Nursing Leadership Award for Nursing Education in an Academic Setting; the Lifetime Achievement Award from the Association of Black Nursing Faculty; and six outstanding teaching and advising awards.

Dr. Edwards earned a Bachelor of Science in Nursing degree from the University of Central Oklahoma; a Master of Science in Community Health Nursing from the University of Oklahoma; a post-master's certificate as a Family Nurse Practitioner from the University of Texas Medical Branch in Galveston; and a Doctor of Public Health from the University of Oklahoma.



Terry Eggenberger, Assistant Professor

Assistant professor Terry Eggenberger teaches in the undergraduate, RN-BSN, and graduate programs and is the lead faculty member for the graduate clinical nurse leader (CNL) track. She has been key to integrating simulation into the curriculum at FAU's College of Nursing —

creating simulation scenarios grounded in caring at the undergraduate and graduate levels. She predominately teaches courses in leadership and creative teaching, as well as the core courses in the CNL track.

Dr. Eggenberger's current research interests are related to incorporating caring science into simulated teaching and learning scenarios and inter-professional communication and teamwork.

Prior to joining the College of Nursing faculty, Dr. Eggenberger was a director of nursing education and a director of workforce and organizational development for a local healthcare organization. Dr. Eggenberger continues to practice as an administrative supervisor at JFK Medical Center. Her areas of clinical experience include cardiac rehabilitation, post-anesthesia care unit (PACU), and critical care.

Dr. Eggenberger earned her bachelors, masters and doctoral degrees from FAU and is credentialed as a Certified Nurse Educator.



Drs. Charlotte Barry, Karethy Edwards, Rozzano Locsin and Mary Martin, doctoral student.

Welcome New Faculty *continued*



Nancey France, Associate Professor

Nancey France is an associate professor who teaches Philosophical and Theoretical Foundations in Nursing, Advanced Nursing Practice Grounded in Caring, Ethics in Nursing and Introduction to Professional Nursing Practice. Her research

area is creating healing environments with a focus on nurse-to-nurse caring now expanding to nurse faculty-to-nurse faculty caring. She has served as a Magnet Nursing Praxis consultant, helping institutions develop their philosophical/theoretical framework and nursing research program.

Dr. France has extensive experience in curriculum development at baccalaureate, masters and doctoral levels, CCNE accreditation, and teaching/practice of therapeutic touch and complementary healing modalities.

Prior to joining the FAU team, Dr. France was a faculty member at Murray State University.

"I chose to come to the Christine E. Lynn College of Nursing because of the caring philosophy and the faculty," said Dr. France. "Together with the faculty, I am dedicated to advancing caring science and scholarship in nursing through my research, teaching and service."

Dr. France earned her B.S.N. from Murray State University, her M.S.N. from Vanderbilt University, and her Ph.D. from the University of Colorado Health Science Center. She is the president-elect of the International Association for Human Caring.



Vanessa Johnson, Assistant Professor

Vanessa Johnson is an assistant professor who joined FAU from the University of Oklahoma Health Sciences Center. Her research focuses on genetic and genomic research with a concentration on underserved populations

and Fragile X syndrome, which is a genetic condition involving changes in part of the X chromosome and the most common form of inherited intellectual disability in boys.

Dr. Johnson received her Master of Science in nursing degree from the University of Oklahoma. She earned her Ph.D. from Oklahoma State University and completed the prestigious post-doctoral research fellowship in clinical genetics at the University of Iowa College of Nursing. She is a member of several professional organizations focused on genetics, including the National Fragile X Foundation's Scientific and Clinical Advisory Committee and the International Society of Nurses in Genetics. She is an executive board member of the Association of Black Nursing Faculty, Midwest Nursing Research Society, Sigma Theta Tau International Honor Society, American Nurses Association and Oklahoma Nurses Association.



Beth King, Visiting Assistant Professor and B.S.N. Coordinator

Beth King has been a member of FAU's College of Nursing faculty since 1999, most recently taking on the roles of visiting assistant professor and B.S.N. coordinator. Dr. King's practice experience is in the area of mental health and community nursing, and her research has focused on the study of caring and education, focus groups and mental health issues.

"Our College of Nursing's focus on caring, the practice of caring and research related to caring is like no other," said Dr. King. "What has made the faculty role so rewarding for me is the relationships I have developed with community agencies and students."

Dr. King earned her B.S.N. from Grand View College in Des Moines, Iowa; her M.S.N. from the University of Maryland; and her Ph.D. from Iowa State University. She holds a professional certification as a Clinical Nurse Specialist in Adult Psychiatric and Mental Health. She is actively involved in the Boca Raton community, including serving as board member and chair of the Healthcare Committee of Boca Helping Hands and on the Ways and Means Committee of the Debbie Rand Memorial Services League, Inc. of Boca Raton Regional Hospital.



David Newman, Assistant Professor and Statistician

Assistant professor and statistician David Newman joined the Christine E. Lynn College of Nursing from Cleveland State University's School of Nursing. At FAU, Dr. Newman teaches classes in statistics and advanced statistics in nursing and

the health sciences at the graduate level.

Dr. Newman specializes in research methodology – specifically multiple linear regression, Hierarchical Linear Modeling, individual growth curves and other forms of linear mixed models. These techniques enable the accurate creation of statistical models for specific research questions. He is the statistician for two federally funded grants.

Dr. Newman earned a B.S. in psychology, an M.S. in exercise physiology and an M.A. in research methodology and statistics from the University of Akron. He received a Ph.D. in urban education policy and evaluation from Cleveland State University. Dr. Newman is a member of the American Educational Research Organization.



Terri Schmitt, Assistant Professor

Terri Schmitt is an assistant professor. She teaches courses such as primary care, advanced pathophysiology and advanced health assessment in the masters program. Dr. Schmitt's research focuses on theory-based intervention in chronic conditions in

adolescents, mother-daughter relationships and family functioning, disordered eating, type 1 diabetes, body image, adolescent development, preventive health, social media in education and online learning.

Dr. Schmitt maintains her clinical practice at the Diabetes Education and Research Center in West Palm Beach. Prior to joining FAU, she was an assistant professor at Southwest Baptist University College of Nursing where she taught

health assessment, nursing informatics, and nursing administration and leadership.

"I was attracted to FAU because of the people and the

College of Nursing's philosophy," said Dr. Schmidtt.

"Faculty and students truly live caring, which creates an ideal environment for learning and teaching."

Dr. Schmitt received a B.S.N. and an M.S.N. from Missouri State University, and she earned her Ph.D. from the University of Missouri. She is a member of Sigma Theta Tau, American Academy of Nurse Practitioners, and the Global Technology Nursing Association.



Drs. Josie Weiss, Cynthia Archibald, Marlaine Smith and Patricia Liehr



Shelly Greif, Ph.D. student, and Drs. Shirley Gordon and Beth King



Drs. David Newman, Patricia Liehr and Susan Dyess, and Susan Driscoll, Ph.D. student

Celebrating Faculty Accomplishments

LOCAL



CYNTHIA ARCHIBALD received FAU's 2012 Award for Excellence and Innovation in Undergraduate Teaching at the 43rd annual Honors Convocation.



PATRICIA LIEHR was recognized by Palm Healthcare Foundation at 2012 Nursing Distinction Awards as Nurse of the Year. In announcing Dr. Liehr's award, John Lacy, Chair of the Board of Trustees of the Palm Healthcare Foundation, described her contributions throughout her career as a staff nurse, nursing administrator, teacher,

researcher and academic leader. He talked about how her values, centered on listening to the person's story and focusing on what matters most to each person, have guided her in her life and work.



PATRICIA LIEHR, JOHN LOWE, RUTH MCCAFFREY were named distinguished professors for the Christine E. Lynn College of Nursing. Dr. Liehr was installed as the Schmidt Family Distinguished Professor and is currently a professor and associate dean for nursing research and scholarship. Dr. Lowe is the John Wymer Distinguished Professor. He advocates for the cultural competent healthcare for Native Americans and indigenous people globally. Dr. McCaffrey received the inaugural Sharon B. Raddock Distinguished Professorship for Holistic Nursing. She has been a faculty

member since 1999 and is currently the program director for the Doctor of Nursing Practice program. The focus of her research and writing has been in the area of creating healing environments.



LYNNE PALMA was named a finalist in the *South Florida Business Journal's* "Excellence in Health Care Awards."



KATHLEEN VALENTINE received the TIAA-CREF Faculty Service Award at the FAU Employee Service Awards Ceremony.

REGIONAL



CYNTHIA BLUM and **JILL WINLAND-BROWN** were awarded the 2011 and 2012 Nurse Educator of the Year from the Florida Nurses Association, respectively.

JOHN LOWE received the 2012 Nurse of the Year Award from Florida Nurses Association, South Region.

NATIONAL



RHONDA GOODMAN was awarded an American Nurses Foundation grant for the study "Testing a Digital Storytelling Intervention to Reduce Stress in Adolescent Females." Dr. Goodman's research focuses on adolescent females who self-injure by cutting. She teaches girls how to tell their stories using digital media, including video, graphic art and audio.

JOHN LOWE was named to the editorial board of *Nursing Research*, which has a long and distinguished history in the publication and dissemination of nursing research findings that have proved important to the advancement of nursing science.

In October 2012, **RUTH MCCAFFREY** was inducted as a Fellow in the American Academy of Nursing (FAAN). Dr. McCaffrey is the College of Nursing's Sharon Raddock Distinguished Professor in Holistic Nursing and the director of the Doctor of Nursing Practice (D.N.P.) program. Her research has focused on gardens as healing spaces, and she created a book that facilitates journaling during guided garden walking. Grants include one from the Institute for Museum and Library Sciences. Dr. McCaffrey recently authored *DNP Essentials: Framework for Advanced Nursing Practice*. The FAAN honor is an important recognition of Dr. McCaffrey's accomplishments within the nursing profession her leadership in education, management, practice and research.



Dr. Marilyn Ray and Chinese visitors, Ying Shen, Fei Xiao, and He Jiao

MARILYN RAY'S book, *Nursing, Caring, and Complexity Science: For Human-Environment Well-Being*, received the *American Journal of Nursing's* "Book of the Year" award. Dr. Ray co-authored the book with Alice Ware Davidson and Marian C. Turkel. In addition, her article titled "Creating Caring Organizations and Cultures through Communitarian Ethics," was one of 10 finalists for Excellence in the *Journal of the World Universities Forum*.

JILL WINLAND-BROWN was named to the Center for Ethics and Human Rights in Washington, DC. This prestigious appointment affirms Dr. Winland-Brown as a national expert in nursing ethics.

INTERNATIONAL



CHARLOTTE BARRY received the "Outstanding Oral Presentation Award" at the 2011 School Nurses International Conference held in Hong Kong. Dr. Barry's presentation was titled "Transforming Health Care for Children in Uganda, Africa: Outcomes of a School Based Wellness Center."



ROZZANO LOCSIN received the "2012 Most Outstanding Paulinian Academic Achiever Award" during the Sr. Remy Angela Junio, SPC International Health Congress conducted at the Mother Madeleine Hall, St. Paul University Philippines. Dr. Locsin is the first Filipino nurse theorist and an alumnus from St. Paul University Dumaguete.

Celebrating Student Accomplishments



Andrea Bonorandi

B.S.N. student Andrea Bonorandi received an FAU undergraduate research award for a project titled "Voices of Couples Affected by Alzheimer's Disease." Andrea was mentored by Dr. Christine Williams and is the first College of Nursing undergraduate student to receive this research award.



Eugenia Millender

Eugenia Millender received the Extra Mile Award and Nurse of the Year awards, and Jenny-Lyn Buster was named Student of the Year from Palm Healthcare Foundation at the 2011 Nursing Distinction Awards.



Susan Driscoll

Susan Driscoll, a Ph.D. student, was named a Jonas Nurse Leader Scholar by the Jonas Center for Nursing Excellence. The program supports educational development of new nursing faculty and stimulates models for joint faculty appointments between schools of nursing and clinical affiliates. Driscoll's research focuses on health issues

of underserved communities, particularly women in the Mayan migrant farm worker community of South Florida. Dr. Kareth Edwards serves as Susan's mentor.



Marianna Ortigosa

Marianna Ortigosa was a finalist in the Student of the Year category for 2012 Nursing Distinction Awards from the Palm Healthcare Foundation.



Karen Grimley

Karen Grimley, a Ph.D. student, was selected as an inaugural scholar with the Beryll Institute, a highly prestigious organization that is internationally known for its work focused on the patient experience. Grimley's work focuses on the perception of quality of care from both the nursing and patient perspectives. Her mentors, Drs. Rose Sherman and Ruth Tappen, guided Karen in this process.



Jacinto Garrido

FAU D.N.P. candidate, Captain Jacinto Garrido, received a Distinguished Alumni Torch Award from Florida International University.

Welcoming New Staff



Colleen Alcantara-Slocombe

Secretary
Student Services



Kyle Bryan

Research Coordinator
Office of Nursing Research
and Scholarship



Jennifer Campenni

Assistant to the Manager
Louis and Anne Green Memory
and Wellness Center



Kristine Killip

Ph.D. Program Coordinator
Office of Nursing Research
and Scholarship



Gay Lapinski

Program Director
Diabetes Education and
Research Center



Matthew Relyea

Program Assistant
The Nursing Leadership
Institute



Barbara Weinberg

Case Manager
Louis and Anne Green Memory
and Wellness Center

Staff Spotlight: Meet Carol Kruse



Carol Kruse joined the College of Nursing as the dean's secretary in 1997. At that time, nursing faculty, staff and students shared a building with FAU's social science departments. Flash forward 15 years, and Carol is now the nursing master's degree program assistant in a brand new building that the College of Nursing calls its own.

"Carol serves as the 'historian' for student services. Whenever we want to know why a decision was made in the past to manage student issues in a certain way, Carol can tell us and provide documentation supporting the decision! I count on Carol to provide the 'student's view' on all student communications. Her knowledge of students helps us provide information in a way that is most meaningful to them!" - Shirley Gordon, Professor and Assistant Dean for Graduate Practice Programs.

As the program assistant, Carol works with prospective students on plans of study, often working hand-in-hand with them from the moment they inquire about master's degree programs through to graduation.

"So many former students call to have forms completed or to get information about our post master's certificate or doctoral programs and are pleased to know I'm still here and able to assist them," said Carol. "We enjoy reminiscing and working on plans to further their education and careers."

Carol and her husband live in Boca Raton and enjoy spending their free time with their son, daughter-in-law and wonderful grandson.



New Academic Dean Shares Vision

*W*hen Dr. Kareth ("Kay") Edwards gave birth to her daughter several weeks early, she unexpectedly became the mother of a "super preemie" who needed extra care. Dr. Edwards is still impacted – more than 25 years later – by the treatment she and her family received while her daughter was in the neonatal intensive care unit.

"The entire neonatal team's emphasis on supporting our family while practicing high-quality healthcare was a real-time demonstration of caring," said Dr. Edwards. "Despite being a high-risk newborn, my daughter was never readmitted with complications or illness due to her premature birth. As a nurse, I knew how important this was. Prioritizing quality of care for the patient and family is not only cost effective; it's the right thing to do."

Doing the "right thing by others" has been a prime focus for Dr. Edwards. As a young academician and family nurse practitioner, she was highly influenced by her mentors, Dr. Jess Nunley, Dr. Gloria Smith and Dr. Martha Primeaux.

"I received some valuable gifts from each of them and it is not possible for me to talk about my vision without sharing information about the people who modeled the way for me," said Dr. Edwards.

Dr. Nunley, the second African American professor hired at the University of Oklahoma in 1955, had a passion for creating learning environments that embraced cultural diversity and facilitated the educational development of all students. She studied the science of learning and designed teaching strategies that enhanced the student's ability to acquire and synthesize new knowledge and skills. Dr. Smith, appointed in 1975, as the first African American dean at the University of Oklahoma, was a powerful and dedicated advocate for nursing education. She gave voice to nursing faculty to achieve equity with other health professional educators at the academy. In addition, Dr. Smith was an early proponent of faculty practice and research. Dr. Primeaux, the first Native American Indian associate dean at the University of Oklahoma and founder of the National Alaska Native American Indian Nurses Association, infused her leadership with her Cherokee values of respect, nurturing of young faculty and students, and honoring the dignity and worth of all persons.

"Yet, one theme was consistent among all of them, and that is, be a force for social justice and equity in healthcare- care for underserved and vulnerable people," said Dr. Edwards. "Lend your hand to support others who cannot stand alone. So, that is my vision at Florida Atlantic University. Ensure that students are prepared to care for and about the needs of vulnerable populations. Equally important is the goal to celebrate the rich diversity among our students, and nurture their growth as future professional nurses in roles as clinicians, teachers, researchers and leaders."

Dr. Edwards joined the Christine E. Lynn College of Nursing because of its philosophy of caring. She strongly believes that "caring is the essence of nursing and should guide and inform how we teach, practice and acquire nursing knowledge through research and creative activities." Dr. Edwards draws from her personal experiences to frame her vision as the Christine E. Lynn College of Nursing's newest associate dean for academic programs, and she is driven by a quest for quality healthcare for all, especially underserved persons.



Creating Opportunities for Interprofessional Learning



Dr. Rose Sherman addresses health policy with nursing, social work and medical students.

When FAU's Charles E. Schmidt College of Medicine began planning to admit its first students in 2010, the College of Nursing faculty saw an opportunity to create shared learning experiences for nursing, medical and social work students. A steering committee with members from all three colleges was established and led by Dr. Marlaine Smith, now dean of the College of Nursing. The Interprofessional Education (IPE) program, now in its second year, has grown significantly with Drs. Kathryn Keller, Ruth Tappen, Sharon Dormire and Shirley Gordon serving on the Steering Committee from the College of Nursing, with Drs. Joseph Ouslander, Lindsey Henson and Mario Jacobino from the College of Medicine, and Drs. Michelle Hawkins and Woody Hamlin from the School of Social Work.

"The IEP allows nursing, medical and social work students to understand each other as colleagues before graduating and going into practice fulltime," said Dr. Kathryn Keller, who has led communication simulations and research with Dr. Terry Eggenberger and colleagues from the College of Medicine.

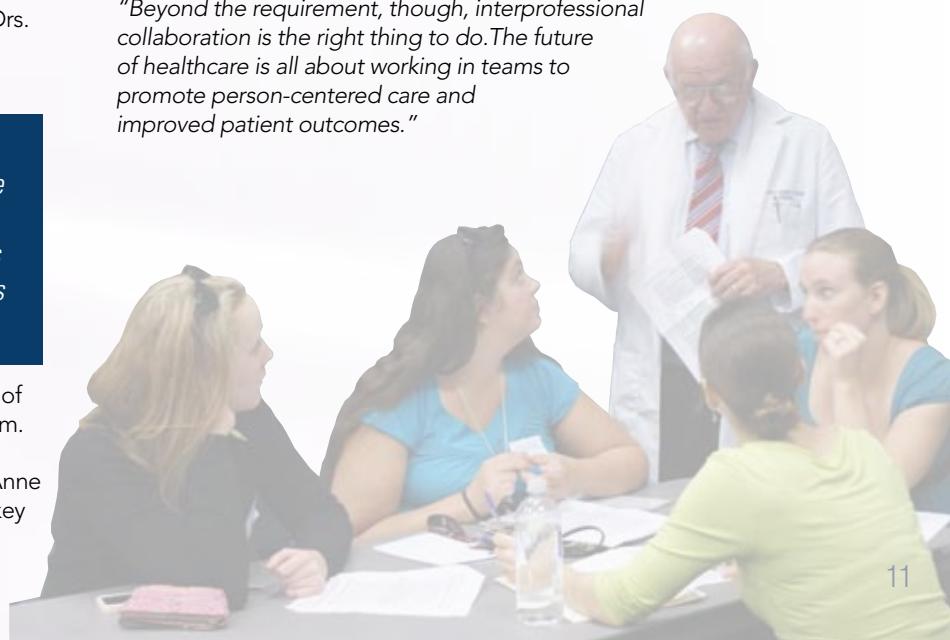
Drs. Rose Sherman and Ruth McCaffrey from the College of Nursing have been instrumental part of the IPE program. Drs. Mira Sarsekeyeva and Michelle Duhaney from the College of Medicine, along with Drs. Ellen Ryan and LeaAnne DeRigne from the School of Social Work have also been key to developing this important initiative.

The Interprofessional Education Program, or IPE, was designed to bring together undergraduate and select graduate students in four learning experiences planned and executed by faculty:

1. An **introduction** to the roles of each health profession
2. A workshop in **communication** between the health professions to foster collaboration and, ultimately, patient safety
3. A **health policy** discussion, focusing on the Affordable Health Care Act and its effect on delivery and quality of healthcare
4. The **Senior Aging and Geriatrics Educator (SAGE) Program**

As part of the SAGE Program, teams of nursing, medical and social work students learn about aging and geriatrics on site at two local continuing care retirement communities. There, the teams work with volunteer residents from these communities, called SAGE mentors, and carry out four assignments over the course of the year involving visits with their mentor. Students learn how to engage their mentors in assessing their health, which includes coming to know them as persons, understanding their important relationships, health experiences, and significant events in the life of the person. They also evaluate medications and provide health education on topics such as chronic illness and advance directives.

"IPE competencies are increasingly required by the accrediting agencies of each health profession," said Dr. Eggenberger. "Beyond the requirement, though, interprofessional collaboration is the right thing to do. The future of healthcare is all about working in teams to promote person-centered care and improved patient outcomes."



From B.S.N. to Doctoral Student: A Seamless Path to Leadership in Nursing Research, Education and Practice



Nakisha Kinlaw, B.S. to D.N.P. student, helped provide primary care to the underserved on a recent College of Nursing trip to Guatemala

Nurses will play a critical role in the future of healthcare improving access, quality and cost-effectiveness through relationship-centered care. In 2010, the Robert Wood Johnson Foundation Initiative on the Future of Nursing at the Institute of Medicine issued recommendations to better prepare the nursing profession to meet the challenges of a changing healthcare landscape. One of the recommendations is for schools of nursing to double the number of nurses with a doctoral degree by 2020. This will increase the availability of nurse leaders, advanced practice nurses, faculty and researchers.

FAU's College of Nursing supports a more seamless path to these roles through the B.S.N. to Ph.D. or B.S.N. to D.N.P. degree program of study to help working nurses achieve their career goals. Ph.D. graduates are prepared to take on roles as nurse faculty and researchers. D.N.P. graduates are prepared to take on nurse leadership roles in healthcare organizations and advanced practice nursing positions.

The B.S.N. to Ph.D. program allows students to integrate doctoral-level courses in theory, research and policy with a focus in a selected nursing specialty. Rose Cirilo is an FAU B.S.N. to Ph.D. student who began her career in New Jersey as an entry-level nurse after earning her L.P.N. She fell in love with the profession but realized that to do more for her patients, she would need to further her education.

Rose was attracted to FAU's Ph.D. program because of the focus on nursing theory, its streamlined and flexible structure, and the caring philosophy. She has worked alongside Dr. John Lowe in Oklahoma, advocating for and implementing culturally competent healthcare for Native Americans, and plans to focus on transcultural nursing in her graduate work. She will earn her master's degree in 2013 with a focus on nursing education and her Ph.D. in 2015. Upon graduation, Rose plans to practice part-time while teaching at the university level.

The B.S. to D.N.P. program prepares graduates for advanced practice roles and practice leadership. The emphasis of the program is either primary care of families or adults and older adults in culturally diverse populations or the preparation of nursing administrators. The program is designed for to develop leaders who will shape and evaluating practice in their own settings.

Nakisha Kinlaw heard about FAU's B.S. to D.N.P. program while talking with colleagues at a local hospital where she was working as a nurse. She was surprised upon learning that the program would only take three-and-one-half years to complete.

"I imagined that it would take 20 years to earn my doctoral degree!" said Nakisha. "I began the application process and was admitted in two months. The program is really set up for the young, working nurse who is motivated to move his or her career forward."

Nakisha left her full-time hospital job to start her own geriatric care coordination company, Precise Provision, which gives her some flexibility to balance work and school commitments. For her D.N.P. capstone project, she plans to develop and implement a faith-based cardiovascular risk reduction program for people aged 45 and older. She will measure the effectiveness of the program and possibly implement it in other places of worship. She plans to graduate in December 2014 and will continue to expand her company's scope of services.

Dr. John Lowe and Ph.D. student, Rose Cirilo



Holistic Programs Earn Unique Accreditation

"Holistic nursing" refers to healing and nurturing the whole person, including providing complementary and alternative therapies in many settings. The Christine E. Lynn College of Nursing is the only nursing college in the country that has all of its programs – B.S., Accelerated B.S., R.N. to B.S.N., M.S., D.N.P. and Ph.D. - endorsed by the American Holistic Nurses Credentialing Corporation (AHNCC), facilitating FAU graduates' certification as holistic nurses. AHNCC is the only international credentialing body focused on certification of holistic nurses.



"Our holistic program exposes students to a variety of therapies, preparing them for emerging roles in nursing that call for an integrative, holistic perspective," said Dr. Kay

Edwards, associate dean for academic programs. "Earning this important endorsement serves as reassurance to our students and, ultimately, their patients that FAU's holistic program is clinically sound while being grounded in our trademark caring philosophy."

The College of Nursing's holistic program features designated space where classes in yoga, tai chi, mindfulness, meditation, aromatherapy and other modalities convene. Bachelor and doctoral program students have an opportunity to integrate holistic approaches into their regular studies. Offered as a specialty track, the 36-credit master's program curriculum focuses on mind-body, manipulative, and body-based and energetic healing practices. Holistic courses build on a core master's curriculum.

Expanding Undergraduate Research and Inquiry

A re-conceptualized role of nurses in a reformed healthcare system is imminent. Two recent studies on nursing education clearly demonstrate the national call for change in nursing education to support these new roles.

In Educating Nurses: A Call for Radical Transformation, the Carnegie Foundation for the Advancement of Teaching states that nursing schools should promote and support learning skills of inquiry and research and support students in becoming agents of change. The Robert Wood Johnson Foundation Initiative on the Future of Nursing at the Institute of Medicine (IOM) report concluded, among other recommendations, that nursing education at all levels must provide a better understanding of and experience in care management, quality improvement methods, and systems-level change management.

"This national call for change, combined with FAU's recent Southern Association of Colleges and Schools re-accreditation process and the development of the Quality Enhancement Plan (QEP) called 'Distinction through Discovery' has created an opportunity for us to expand our undergraduate nursing curriculum to include a stronger focus on research and inquiry," said Dr. Sharon Dormire, the College of Nursing's assistant dean of undergraduate programs. "We're taking a different view of research and transitioning from thinking of undergraduates as only consumers of research to active participants."

FAU undergraduate nursing students will now build their research skills with two courses and a capstone project. To learn strategies of how to evaluate research and implement it in practice, teams of two to three students will work on

a capstone project in a practice environment with a nurse educator or manager. They will work together to solve a real-world problem in patient care building evidence-based practice with our practice partners. For example, if an intensive care unit is reporting a high rate of recurrent tracheostomy tube infections, the team might investigate possible solutions and propose changes and a process to evaluate the effectiveness of the changes. Or, if elderly patients at home are not remembering to take their medications resulting in hospital readmissions the team might investigate ways to enhance ease of managing medications at home.

Dr. Dormire expects that there will be 10 active research projects undertaken each academic year. Undergraduates will report their findings and present to peers, faculty and possibly at nursing conferences. A new FAU Undergraduate Research Journal will be an outlet for student publications.

"Hospitals are required to show quality improvements but often lack staff and resources needed to take on these projects," said Dr. Dormire. "Our undergraduate students are essentially serving our hospital partners while enhancing their knowledge and skills in research and inquiry. The exciting part of this endeavor is that it benefits everyone: students, our practice partners, and most importantly, the patients we serve."

"The program enhancements that the undergraduate education team has developed directly address the national recommendations for change by using active learning and applied principles."

– Dr. Sharon Dormire, College of Nursing assistant dean for undergraduate education



Transforming Care through Focused Research



HOLISTIC HEALTH

Several College of Nursing faculty focus their research on holistic health, exploring and testing integrative approaches to health promotion and healing. Some of the research being done in this focus area includes study of: the effect of garden walking on well-being in elders, healing self and others from the perspective of holistic nurses, and the effect of mindfulness for women in substance abuse recovery. Assistant professor, Dr. Rhonda Goodman, researches digital storytelling as an intervention for female adolescents who self-injure by cutting.

Using Digital Storytelling as Voice and Caring Intervention

Adolescents who are exposed to high stress levels may develop psychological challenges such as depression, anger and anxiety. Females tend to experience and report greater stress, and some turn to self-injury by cutting as a means of expression.

"Adolescent females who self-injure use their skin as a canvas to tell their stories," said Dr. Goodman. "Digital storytelling provides them with an opportunity to reflect upon their experiences and define how they interpret those experiences."

Rhonda teaches young women how to tell their stories using digital media, including video, graphic art and audio. Her most recent study, **"Testing a Digital Storytelling Intervention to Reduce Stress in Adolescent Females,"** was funded by an American Nurses Foundation research grant supported by the National Association of School Nurses.

Students under stress from home or peers often turn to school nurses for guidance. The study examined the use of oral storytelling versus digital storytelling as a school nursing intervention to reduce the emotional health consequences of female adolescent stress.

"Digital storytelling has the greater potential to provide and build upon story-sharing skills, particularly for adolescents," said Dr. Goodman. *"The use of computers and software is a method of communicating story that will resonate with a generation of adolescent females who have learned to relay information primarily through the use of technology and who already possess necessary technological skills."*



HEALTHY AGING

Faculty members who study healthy aging are interested in understanding an optimizing health development across the lifespan. They consider a range of issues of polypharmacy, patterns of stress for those suffering memory disorders, and fall prevention. Dr. Ruth Tappen, a pioneer in healthy aging research for the College of Nursing and FAU, presently studies approaches for preventing re-hospitalization in older adults.

Implementing Innovative Strategies for Preventing Rehospitalization

Dr. Ruth Tappen, Christine E. Lynn Eminent Scholar and professor and Joseph Ouslander, M.D., senior associate dean of geriatric programs in FAU's Charles E. Schmidt College of Medicine, received a \$1.8 million grant from the National Institutes of Health, National Institute for Nursing Research for an innovative program titled **"Implementing Interventions to Reduce Hospitalizations of Nursing Home Residents" (INTERACT).**

INTERACT is a quality improvement program designed to facilitate the early identification, assessment, documentation and communication about changes in the status of residents in skilled nursing facilities. The program aims to provide tools to target three key strategies: preventing conditions from becoming severe enough to require acute hospital care; managing selected acute conditions in the nursing home; and improving advance care planning for residents among whom a palliative or comfort care plan, rather than acute hospitalization, may be appropriate.

"This NIH grant enables us to further our research on avoiding unnecessary hospitalizations and improving care, and is providing us with the data needed to implement this program more widely," said Dr. Tappen. *"We are already making a real impact with INTERACT."*

Using INTERACT's standardized protocol and working with an on-call nurse practitioner who visits the nursing home daily, the patient may be treated in the nursing home without any complications. Using such care in nursing homes nationwide could improve care, reduce complications from hospitalizations, and avoid hundreds of millions of dollars in Medicare expenditures annually.

Tools and more information on INTERACT are available at <http://interact2.net>.

The research undertaken by Christine E. Lynn College of Nursing initiatives focused on four areas: holistic health, healthy aging, nursing practice environments. On these pages, research projects are highlighted.

cover story

ing faculty includes caring-related
ng, health equity and transforming
rojects in each of the categories



HEALTH EQUITY

Faculty members in this research area seek to clarify and eliminate health disparities associated with human uniqueness, such as ethnicity, race, socioeconomic status, gender and age. They study issues such as caregiver strain for people living with stigma, pregnancy prevention for rural youth and safe choices to prevent HIV/AIDS in Afro-Caribbean American youth. The research focus area of health equity is one that crosses international boundaries with collaborators in Africa, Australia and Thailand. Dr. Lowe, the lead investigator in this group has extended his expertise to include indigenous peoples throughout the world. His research in the United States addresses substance abuse prevention in Native American Indian youth.

Preventing Substance Abuse in Cherokee Youth

Dr. John Lowe, the John Wymer Distinguished Professor, is a Cherokee Native American tribal member and currently one of less than 20 doctorally-prepared Native American Indian nurses in the United States. He advocates for cultural competent healthcare for Native Americans and indigenous people globally.

Substance abuse prevention studies among Native American Indian early adolescents are limited in number, despite evidence that substance abuse is an increasing problem in this population. John received three grants from the National Institutes of Health's National Institute on Drug Abuse (NIDA), totaling more than \$3 million to help pursue substance abuse prevention programs for Native American youth.

The first grant was awarded to Lowe as principal investigator for a two-year study titled "**Testing a Substance Abuse Prevention for Cherokee Early Adolescents.**" This study examines the feasibility of using an innovative, culturally appropriate school-based substance use prevention program for Cherokee sixth graders as they transition to middle school, a period of high vulnerability.

The second grant, awarded to Dr. Lowe as principal investigator, was titled "**Testing a substance abuse peer intervention for Cherokee pre-adolescents**" and a third grant, where he participated as co-principal investigator with Eric Wagner from Florida International University, was awarded to study a "**Brief Intervention for Substance-Using Native Youth.**" This third NIH grant is a five-year study designed to develop and test a school-based, brief motivational intervention for substance-using Native American high school students. "Native American youth, compared to youth from other racial and ethnic backgrounds, are at especially high risk for drug use and drinking," said Dr. Lowe. "This makes them particularly susceptible to the development of substance use problems."

Models that have emerged from Dr. Lowe's funded research are being used to promote the health and well-being of Native Americans across the country and are beginning to be recognized internationally.

TRANSFORMING HEALTHCARE ENVIRONMENTS

Healthcare environments are in a state of extraordinary transition due to economic and personnel challenges that stress the systems and threaten quality of care.

Faculty members from FAU's College of Nursing have stepped up to the plate to study the challenges and propose solutions to address the challenges before they reach crisis level. Some of the research being done by faculty members in this research interest group includes studies addressing communication and collaboration between medical and nursing students, cultural perspectives of nurses related to ethical decision-making and approaches for creating positive work environments. As associate professor and director of the Nursing Leadership Institute (NLI) at FAU, Dr. Rose Sherman, the leader of this research area, focuses on the shortage of nurse leaders by developing nurses early in their careers when they are interested in a nursing leadership career path.

Developing Emerging Nurse Leaders

Healthcare organizations will face an exodus of 50 percent of their current nurse leaders in the next decade. This issue is already taxing nursing schools, hospitals and healthcare agencies.

"I believe we have about a three-year window before we see the start of intense shortages of nurse leaders," said Dr. Sherman. "Any disruption in the ability to safely staff hospitals, care facilities and healthcare organizations could have enormous financial, safety, and access implications for the planning and delivery of care."

The NLI concept evolved from meetings with nurse executives in the area, who expressed a need to prepare nurse leaders grounded in the essential values of nursing, with the complex knowledge needed to lead competently and compassionately.

Rose and her co-project leader, Dr. Susan Dyess, received an \$827,000 grant from the Health Resources and Services Administration for a three-year project titled "**Succession Planning for the Future: A Nursing Administration Master's Degree for Emerging Leaders.**" As part of the project, the team collaborates with hospitals and healthcare agencies throughout South Florida and the Treasure Coast to identify nurses for the College of Nursing master's degree Nursing Administration Specialty Emerging Leaders track.

Upon graduation, these nurses are prepared to assume roles, such as chief nursing officer or nurse manager, when existing leaders retire. Others may take an academic path to help educate the nurses of tomorrow.





The Christine E. Lynn College of Nursing's Office of Nursing Research, Scholarship and Ph.D. Studies supports faculty and Ph.D. students in creating a meaningful scholarship path, with research as its central activity.

Faculty and Ph.D. students are encouraged to adopt a vision for nursing knowledge development consistent with the College of Nursing's strong appreciation for caring science.

Much of the work of the Office for Nursing Research and Scholarship staff is devoted specifically to the research endeavors of the faculty, providing a base of support for creative proposal planning and development, research completion and dissemination of findings.



Dr. Patricia Liehr

Associate Dean, Nursing Research and Scholarship and Schmidt Family Foundation Distinguished Professor

In her role as associate dean, Dr. Liehr supports development and implementation of extramural grant proposals; oversees the mentoring of new faculty with a focus on scholarly growth; and provides a resource for dialogue about scholarly direction.

Dr. Christine Williams

Director, Ph.D. in Nursing Program and Ronald and Elizabeth Blake Distinguished Professor in Nursing

Dr. Williams oversees the engagement of faculty with Ph.D. students to create a learning environment that is accessible and noteworthy. She and other senior faculty mentor Ph.D. candidates and support their development as emerging nurse scholars who are experts in caring science.

THE OFFICE OF NURSING RESEARCH SCHOLARSHIP AND Ph.D. STUDIES:

Growing Research through Collaboration

Dr. David Newman

Assistant Professor and Statistician

Dr. Newman provides statistical support for faculty proposals, manuscripts and research projects and teaches statistics courses for nursing students.

Claire Hanson

Research Programs/Services Coordinator

Claire assists with the institutional review board application process; coordinates preparation and electronic submission of grant applications; copy edits final manuscripts; maintains a bibliography of faculty scholarship, including publications and presentations; and is curator of the Archives of Caring in Nursing.

Kyle Bryan

Research Programs/Services Coordinator

Kyle assists with the financial administration of grants, preparing pre-award budgets; coordinating pre-award consultant and consortium letters; reviewing proposals for correspondence with funding guidelines; and managing post-award grant expenditures and reporting activities.

Kristine Killip

Nursing Ph.D. Program Coordinator

Kris is responsible for the recruitment and pre-admission advising for Ph.D. students. She coordinates the application and selection process; facilitates orientation; works with faculty and administration to ensure student progression; and supports pursuit of funding and dissemination of scholarly works by Ph.D. students.



Mentorship Teams Move Research Forward

When a new faculty member joins the College of Nursing, he or she becomes part of a College mentorship team that guides scholarship activities during the first year. The team critiques manuscripts and research proposals and also supports the scholarship of teaching.

The FAU Division of Research's Faculty Mentoring Program complements the College of Nursing's mentorship program. Senior colleagues with significant extramural funding experience are paired with junior tenure-track faculty members who wish to be mentored and commit to submitting a fundable research proposal at the end of the one-year mentoring period.

Three College of Nursing tenure-track faculty members received mentorship awards:



Debra Hain and Ruth Tappen

Assistant professor Dr. Debra Hain has been working with Dr. Ruth Tappen, Christine E. Lynn Eminent Scholar and professor, on healthy aging-related research. Dr. Hain's current research interest involves implementation of strategies aimed at reducing the risk of potentially avoidable 30-day re-hospitalizations for community-residing older adults who are discharged home with home healthcare. She has submitted a proposal to the National Institutes of Health (NIH) where she will test approaches for decreasing re-hospitalizations.



Marlaine Smith and Joy Longo

Assistant professor Dr. Joy Longo and Dr. Marlaine Smith, Helen K. Persson Eminent Scholar and dean, received a University mentee-mentor award to move forward Joy's research program focused on horizontal violence in the workplace. Dr. Longo has submitted an NIH grant entitled *Interpersonal and Environmental Factors Affecting the Neonatal Intensive Care Unit (NICU) Safety Culture*, where she addresses relationships between horizontal violence and the important issue of patient safety.



Patricia Liehr and Susan Dyess

Dr. Susan Dyess, assistant professor and Dr. Patricia Liehr, associate dean and the Schmidt Family Foundation Distinguished Professor have paired as mentee-mentor for University funding to develop Dr. Dyess' research program focused on the use of faith community resources to address chronic illness in elders. The Palm Healthcare Foundation awarded Dr. Dyess funding for a proposal entitled *Exploration and Description of Palm Beach County Faith-Based Health Initiatives*, and she also received funding from the healthy aging initiative to study the *Power of Social Engagement Resources to Sustain Health for Ethnically Diverse Community Dwelling Elders with Chronic Illness*. These grants will establish a foundation for Dr. Dyess' ongoing program of research.



Nurse preceptors play a pivotal role in introducing students and new employees to the clinical environment, but balancing fulltime patient care while teaching can be challenging.

"Preceptors often report that they do not feel supported," said Dr. Cynthia Blum, assistant professor, who has studied the preceptor role since her doctoral dissertation. "They need to know that someone is there for them."

To help address this issue, Dr. Blum received a grant from the Palm Healthcare Foundation for a year-long research project titled **"Evaluating the Contribution of Educational Podcasts to Preceptor Perception of Support."**

First, Dr. Blum, along with several nurses and nurse educators from Palm Healthcare's Education Practice Gap Subcommittee of the Health Workforce Partnership, wrote scripts for situational podcasts centered on the four primary challenges identified by nurse preceptors. Second, prior to filming the podcasts, the scripts were shared with focus groups of new nurses who had just been through the preceptor process. Their feedback helped the development group amend the scripts to assure accuracy to nursing practice. The group then filmed four, five-to-seven minute vignettes, which addressed attitude problems, inability to demonstrate knowledge and skills, poor communication, and unprofessional behavior. Each podcast included a real-life scenario, such as a student who was texting on a personal cell phone while interacting with a patient, and a proposed

Using Technology to Support Preceptors

solution on how to handle the problem with a caring approach.

The completed podcasts were shared with preceptors at Bethesda Hospital in Boynton Beach. The preceptors were asked to answer survey questions about their perception of support before watching podcasts, after watching them, and after using the suggested caring approaches with their students.

Dr. Blum and her team are now looking at results of these surveys to determine the significance of having support podcasts available to preceptors on an ongoing basis as well as the feasibility of developing a library of podcasts to address other key preceptor concerns.

"These podcasts were thoughtfully developed to assist nurse preceptors to use a caring approach with students and new nurses" said Dr. Blum. "In the foreseeable future, it may be possible for nurse educators from academic and hospital settings to produce additional podcasts for students, addressing topics that are most important to their unique environments."

Dr. Blum published a peer-reviewed article on the use of focus groups to develop a technology-based solution for preceptor support in *Nursing Research and Practice: Special Issue-Preceptorship & Mentorship*. The podcasts – available in video and audio formats – are now available on Palm Healthcare Foundation's website (www.palmhealthcare.org).

Translating Research Results for the Community



Researchers from the U.S. and Japan and performers celebrated in the College of Nursing atrium after the debut of "With Their Voices Raised."

When Patricia Liehr, associate dean and Schmidt Family Foundation Distinguished Professor and her colleagues concluded a seven-year study examining stories of health shared by survivors of Pearl Harbor and Hiroshima, they knew that they wanted to share their findings beyond traditional academic venues.

Dr. Liehr and Dr. LisaMarie Wands, now VA Quality Scholar at Vanderbilt University and Tennessee Valley Healthcare System had collaborated with Ryutaro Takahashi, vice director of the Tokyo Metropolitan Institute of Gerontology, Mio Ito and Chie Nishimura to interview survivors of the Pearl Harbor and Hiroshima bombings. Survivors from both attacks expressed a concern that their stories touch younger generations to discourage aggression and to promote peace.

The research team moved forward to develop a peace performance to share survivors' wisdom. They began working with Kate Morris, a doctoral student in FAU's Dorothy F. Schmidt College of Arts & Letters, to create a documentary theatre performance that is central to her dissertation. The result was "With Their Voices Raised," a performance based on the stories from 51 survivors of the bombings of Pearl Harbor and Hiroshima. The performance seeks to share the human face of war from the perspective of survivors who came from countries that bombed each other during World War II.

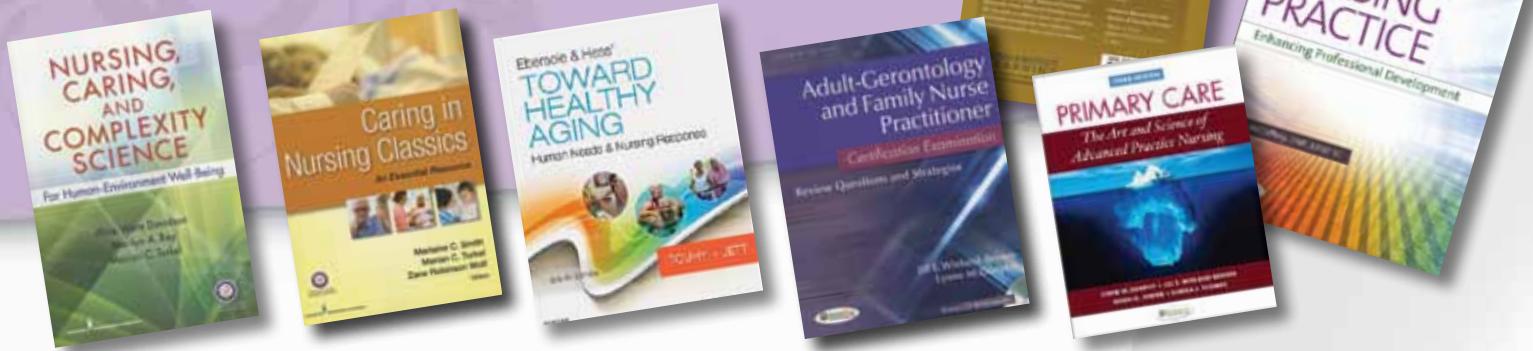
The play debuted in Fall 2012 in Florida at FAU's University Theatre on the Boca Raton campus followed by a second performance at the Morikami Museum and Japanese Gardens theatre in Delray Beach.

"This is ultimately a story of peace." – Kate Morris

After each performance, audience members were invited to share in a discussion about the meaning and message of "With Their Voices Raised."

"Wartime trauma exerts a toll that challenges the human spirit for both aggressors and sufferers of aggression," said Dr. Liehr. Wisdom of survivors can inform future generations, and 'With Their Voices Raised' is an important step in that direction."

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Promoting Holistic Approaches for Living with Memory Disorders



Angela Ziros and Vera Paley practicing yoga.

Part of being grounded in the caring philosophy is appreciating approaches to health promotion and healing that engage the whole person. Sometimes referred to as complementary or integrative approaches.

Participants and caregivers at the Louis and Anne Green Memory and Wellness Center on FAU's Boca Raton campus benefit from a variety of holistic modalities. Vera Paley, a 92-year-old yoga teacher, leads Day Center participants through gentle chair yoga exercises, inviting them to mindfully move parts of the body and to take a long, slow breath.

"Yoga is not just moving," Vera tells her participants. "It's breathing and daily meditation."

Day Center staff member, Russell Solomon, is a board certified music therapist who leads participants and caregivers in drum circles. Participants become engaged

in making music together by playing a variety of percussion instruments. Russell provides structure and guides the group on its musical journey, ultimately extending beyond the music.

"Memory loss is emotionally and physically traumatic – both for the patient and caregiver. Learning how to 'be in the moment' and focus on self is an important tool for people who are at this stressful point in their lives."

**– Dr. Kathleen Valentine,
director of the Memory and Wellness Center**

"Numerous published research studies outline the health benefits of recreational music making, such reduction of stress, improvement in mood and strengthening of the immune system," said Russell.

Dr. Kathleen Valentine, the Center's director, has implemented an evidence-based, mindfulness-based stress

reduction program for caregivers, staff and participants. Developed at the University of Massachusetts Medical School's Center, this intensive training asks participants to draw on their inner resources and natural capacity to actively engage in caring for themselves and finding greater balance, ease and peace of mind.



ADDRESSING CHILDHOOD OBESITY

National statistics indicate that childhood obesity has tripled in the past 30 years – it is indeed a serious and widespread threat that is impacting our children, families, communities and the healthcare system in Florida.

Obesity is preventable, but it demands behavioral and lifestyle changes.

The Diabetes Education and Research Center (DERC) received a two-year, \$75,000 grant from Blue Cross Blue Shield of Florida Foundation to support the Center's "Embracing a Healthy Tomorrow: Empowering Communities to Overcome Childhood Obesity" outreach effort to 1,400 children and families who are at-risk for obesity and diabetes. In addition to the outreach to Palm Beach County-area schools, churches, community centers and youth programs, the grant supports multidisciplinary research and education of university students in various professional disciplines.

"Using our expertise in pediatric endocrinology, community nursing, diabetes education and pharmacy, we are delivering an age- and culturally-appropriate curriculum for children focused on the importance of healthy eating and exercise," said Eugenia Millender, clinical director of the DERC, a nurse-managed Center at FAU's Christine E. Lynn College of Nursing. "At the same time, we are educating parents, guardians and community role models to promote wellness and prevent obesity."

Millender and her team visited several summer camp and after-school programs, educating hundreds of children and identifying those at-risk for diabetes. They will continue their work throughout the school year, offering intensive education to prevent or detect early signs of diabetes. Individuals identified may receive care and counseling at the DERC.



Impacting Local Healthcare through Faculty Practice

Continuing engagement in nursing practice is an important part of personal and professional growth for many College of Nursing faculty. By caring for patients and families faculty are bringing the College philosophy to life, serving as role models for students, and impacting the health of the people of South Florida.



Light of the World Clinic

Lynne Palma, assistant professor and graduate clinical coordinator, maintains a part time practice as a family nurse practitioner at the non-profit Light of the World Clinic in Fort Lauderdale where she provides care to an underserved and disadvantaged population. She has a special interest in diabetes care, and helps to fulfill the mission of the clinic which is to focus on prevention and education in a caring and culturally-sensitive setting. Dr. Palma has created a safe, welcoming, home-like setting for people to learn about staying healthy and preventing crises associated with living with chronic diseases. Dr. Palma brings the classroom alive for her FAU nursing students by sharing her real-life practice situations with them, and some have the opportunity to be mentored by Dr. Palma at the clinic.

Back to School Physicals

Last summer, faculty members Drs. Rhonda Goodman, Charlotte Barry, Donna Maheady and Beth King traveled to Pahokee with several undergraduate and nurse practitioner students to administer free back-to-school health assessments for 40 children. The team identified several children who needed referrals and follow up. Children received free books, and parents, guardians and family members received valuable health-related information.





Diabetes Education and Research Center

Assistant professor, Dr. Terri Schmitt, lends her expertise as a family nurse practitioner to the College of Nursing's Diabetes Education and Research Center, which provides family and community-centered diabetes education and care for children and adults who are at risk for diabetes or its complications. Dr. Schmitt meets with patients to assess their risk levels and to evaluate their diabetes management. She also collaborates with the Center's interdisciplinary team, including the medical director, clinic director, pharmacist and diabetes educator, to create individual treatment plans for their patients.

Louis and Anne Green Memory and Wellness Center

The Memory and Wellness Center is part of the College of Nursing and averages 16,000 visits a year from individuals who are dealing with memory loss and their families. Clinical assistant professor, Dr. Maria Ordóñez, is clinical director of the Memory and Wellness Center, which also serves as a vibrant learning laboratory for College of Nursing students. Dr. Ordóñez supervises students' learning experience and oversees initial comprehensive, memory-focused assessments for patients who are referred to the Center. Dr. Debra Hain, assistant professor, also lends her expertise as a geriatric nurse practitioner and works alongside Dr. Ordóñez and an inter-disciplinary team that includes a neuropsychologist, counselor and physical therapist.

"Through their practice in the community, our faculty are caring for persons and families within and beyond our Centers. These faculty are role models for our students, bringing our caring philosophy to life and serving underserved and vulnerable populations in our geographic area."

– Dr. Marlaine Smith, dean

GLOBAL INITIATIVES

- Africa** 
Kenya and Tanzania
John Lowe
- Asia** 
Australia and New Zealand
John Lowe
- Cambodia, China
(Hong Kong and Beijing),
Taiwan, Thailand, Viet Nam
Marilyn Ray, Charlotte Barry,
Rhonda Goodman, Beth King,
Shirley Gordon, Nino Locsin,
Marguerite Purnell, Marlaine Smith,
John Lowe, Lenny Chiang-Hanisko,
Ruth McCaffrey
- Japan (Hiroshima)
Pat Liehr, Marilyn Ray
- Philippines
Nino Locsin
- Vietnam
Marilyn Ray
- Central America/
Caribbean** 
Costa Rica – Rhonda Goodman
St. Thomas/Virgin Islands – John Lowe
Ecuador – John Lowe
Colombia – John Lowe
- Europe** 
London, England
Josie Weiss
- France and Germany
John Lowe
- Middle East** 
Lebanon
Ruth McCaffrey
- North America** 
Canada
John Lowe
- Mexico
Cynthia Blum



Where in the World is the College of Nursing



Drs. Patricia Liehr and LisaMarie Wands in Japan



Dr. Marlaine Smith in Thailand

Where in the World is the College of Nursing



Dr. Shirley Gordon in Guatemala



John Lowe (second from right) and his research team in Australia meeting with Aboriginal elders



Rhonda Goodman with nurses in Thailand



Marguerite Purnell with Ph.D. in Nursing students at Prince of Songkla University in Hat Yai, Thailand



From left, Beth King, Rhonda Goodman and Charlotte Barry (far right) at the School Nurses International Conference in Hong Kong

Welcoming International Scholars

Each year, the College of Nursing receives faculty and students from universities around the world who seek to study and see first-hand the caring philosophy in the classroom and in practice.



Marlaine Smith with nurse scholar visitors from Thailand



Marlaine Smith and Pat Liehr (center) host nurse scholars from Finland



Nursing scholars from China enjoy the beautiful beach in Boca Raton!



Christine Williams with Dr. Tetsuya Tanioka, a visiting scholar from Japan at Convocation

Alumni News



Anna Morrison

The Florida Nurses Association (FNA) South Region honored two alumnae, **Dr. Sue Bradford**

and **Anna Morrison**. Bradford, a D.N.P. alumna, received the Nurse Administrator of the Year, and Morrison received the FNA South Region R.N. of the Year. Morrison, a 2009 graduate of the BSN program, is currently a student in the master's program.



LisaMarie Wands, a Ph.D. program graduate, received a VA Quality Scholar Post-Doctoral Fellowship to study healthcare improvement for veterans at Vanderbilt University.



Waraporn Kongswan, a graduate of the College of Nursing's Ph.D. program, was honored with a Distinguished Professor of Research Award at Prince of Songkla University in Thailand.

ALUMNI FOCUS



MARLEEN & HAROLD FORKAS
ALUMNI CENTER
Florida Atlantic University

FAU's Nursing Alumni Society is an active group focused on promoting the Christine E. Lynn College of Nursing, fostering professional development, networking, mentoring and fundraising.

There are a variety of opportunities for alumni to be involved, including serving on the executive committee or a standing committee, helping to plan continuing education and alumni outreach and development programs, or serving as a mentor to students.

We would love to hear from you! Please contact us at 561-297-4064 or nursingalumni@fau.edu, or connect with us on Facebook at www.facebook.com/faunursing.

Honoring FAU's Distinguished Nursing Alumnae

Each year, the FAU National Alumni Association honors alumni from each college for their career accomplishments. The College of Nursing congratulates the following women for being recognized as distinguished FAU alumnae:



ELIZABETH TSARNAS, B.S.N. '93, M.S.N. '97

Elizabeth Tsarnas (B.S.N. '93, M.S.N. '97) is a student in FAU's Doctor of Nursing Practice program and the clinical director for Volunteers in Medicine (VIM), a non-profit clinic that she helped open in 1995. She has saved millions in healthcare dollars by motivating local nurses and physicians to volunteer at the VIM clinic and treat patients needing specialty care. The College of Nursing's caring theory has been pivotal in both the development and sustainability of the Clinic.

"We continue to find opportunities for growth and learning in helping others make healthy lifestyle choices and empowering them to maintain their health through disease prevention," said Tsarnas. "Thanks to FAU, this has been a core element of my personal and professional life for the past 15 years."

Prior to launching VIM, Tsarnas was a critical care nurse at Martin Memorial Health Systems, among other hospitals. She received her associate's degree in nursing from State University of New York at Farmingdale, and her Bachelor and Masters of Science in Nursing degrees were received from FAU. She received the American Red Cross Real Hero award in 2005 and is president of the Treasure Coast Breast Health Coalition.

"I decided to further my education in order to gain a deeper understanding of the research process so that I would be prepared to incorporate the caring theory into clinical practice. Through this process, I hope to enhance my practice as a D.N.P." – Elizabeth Tsarnas, alumna and D.N.P. candidate



JANET D. MORELAND, M.S.N. '98, P.M.C. '05

Janet Moreland (M.S.N. '98, P.M.C. '05) is the administrator for the Palm Beach County Health Department Pahokee-Glades Health Center where she has held a number of nursing and managerial positions for the past 23 years. Moreland is responsible for the day-to-day operations of the Center as well as the implementation of clinical indicators for the U.S. Department of Health and Human Services Health Resources and Services Administration Migrant and Community Health Center Grant.

To Moreland, providing nursing is a service of caring. Her nursing journey was sparked by her strong desire and willingness to give back to the Belle Glade and Pahokee communities. As a community health nurse and administrator, Moreland has provided healthcare services grounded in caring to the uninsured, underinsured, migrant and seasonal workers – 51 percent of whom speak a language other than English and are undocumented.

Moreland earned her Bachelor of Science in Nursing degree from Florida International University and both her Master of Science in Nursing as a family nurse practitioner, and a post-master's certificate in nursing education from FAU.

"As a nursing student with the Christine E. Lynn College of Nursing starting in 1998 and again in 2005, the introduction of 'Nursing as Caring' helped to mold and shape many aspects of my practice as a nurse and healthcare administrator. I am thankful and eternally grateful for the foundation and ongoing journey of caring that was planted and taken root on blessed and grounded soil in my life." – Janet Moreland



Advancing Caring in Nursing

The Anne Boykin Institute for the Advancement of Caring in Nursing was established in 2010 as a way to continue Dr. Boykin's legacy of leadership focused on caring in nursing education, practice and research. Christine E. Lynn generously pledged a \$500,000 founding gift. Others who contributed at least \$1,500 were the Schmidt Family Foundation (\$200,000); the Gertrude Skelly Foundation (\$50,000); and the Bay Branch Foundation (\$10,000). Gifts of \$1,500 to \$5,000 were donated by Fairfield County Community Foundation, Raemali King, the Mary Anna Fowler Foundation Trust, the Mathew Forbes Romer Foundation and Patricia Thomas.

Many others supported this important initiative in Dean Boykin's honor. Mrs. Lynn finished the \$1 million endowment with another gift of \$210,000.

We thank each of you who so generously gave to establish this Institute.

The Institute launched this fall with a two-day "think tank" of scholars who began creating a road map for the Institute, including generating and nurturing caring-based projects that have potential to transform healthcare in our community and beyond. Dr. Boykin recapped the results and outlined next steps for the larger College of Nursing community at a reception following the think tank meeting.

Speakers, conferences and publications will continue be supported by the Institute and its generous benefactors. For more information, please contact Dr. Marlaine Smith at 561-297-3206 or marlaine.smith@fau.edu.

RECRUITING AND RETAINING HIGH QUALITY FACULTY



The limited availability of nurse faculty is a nationwide issue that compromises the ability to educate a sufficient number of nurses for the needs of the population. To support the recruitment and retention of highly qualified nursing faculty at FAU, the Schmidt Family Foundation generously pledged a \$25,000 annual gift for two Schmidt Family Distinguished Professorships in Nursing.

The Schmidt Family Foundation gift reflects a commitment to the health of our community.



"We are so grateful to the Schmidt family for their generous gift," said Dr. Marlaine Smith, Christine E. Lynn College of Nursing dean and Helen K. Persson Eminent Scholar. "Professorships are an outstanding way to recruit and retain excellent faculty. The best students are attracted to the College to study with distinguished faculty, and the best students result in the highest level of care for those we serve. Everyone benefits."

Dr. Patricia Liehr, professor and associate dean for nursing research and scholarship, was recently installed as the Schmidt Family Distinguished Professor.

"I am incredibly honored to have been selected for this professorship," said Dr. Liehr.

DEVELOPMENT



Christine E. Lynn Donates \$500,000 to Support Faculty Retention

The College of Nursing recently received a \$500,000 gift from Christine E. Lynn to establish the Faculty Talent Retention Fund, which will support recruitment and retention of highly qualified nursing faculty. The limited availability of nurse faculty is a nationwide issue that compromises the ability to educate a sufficient number of nurses for the needs of the population.

"Christine E. Lynn defines generosity," said FAU President Mary Jane Saunders. "All of the gifts she has bestowed upon FAU support our talented faculty with the ability to provide a strong education to our students, while having a positive impact on our regional economy."

The Faculty Talent Retention fund will be used for enhancement awards for existing faculty and to help recruit new senior faculty to FAU. A project report released this year indicates that FAU has an estimated economic impact of more than \$6.3 billion annually in its six-county service region.

"Mrs. Lynn's insightful gift provides us with the resources we need to develop and grow a robust faculty."

-Marlaine Smith, Helen K. Persson Eminent Scholar and dean.

Supporting Student Scholarships

Nurses are critical to the health and well-being of our community. We must find ways to provide quality educational opportunities to those who wish to serve. Several community and healthcare organizations recently pledged scholarship and doctoral student stipend support to Christine E. Lynn College of Nursing students.

We are especially grateful to the following individuals and organizations for their generosity:



John Bernardin for the Kathleen Bernardin Scholarship

Blue Cross Blue Shield Foundation

Boca Woods Women's Club

Charlotte Chickering

John Albert and Francis Trice Childrey

*Essie Crain

Cross Country Healthcare

David Bensmihen Charitable Foundation

Alexander Day

*D. Burdella Cunningham

Contessa de Hoernle

Patricia Delle Fave

Delray Medical Center

FAU Lifelong Learning Society

Gertrude E. Skelly Charitable Foundation

Hugh and Anny Godsey

Rose Gusetta

JFK Foundation

Barbara LaPlant

*Tom Lewis

Lost Tree Village Charitable Foundation

Christine E. Lynn

*Helen L. Morley

*Tracey Newsom

Operating Room Nursing Association

Palm Healthcare Foundation

Helen K. Persson

Royale Women's Club

*Esther Saylor Rothenberger

Lou Serraes

Megan Simpson

Sally May Shutt

The University Club

The Mathew Forbes Romer Foundation

The Sylvester Foundation

William and Helen Thomas

Erwin M. Vasquez, M.D.

Evelyn Weinberger

*In Memoriam

keep memories alive



Supporting Individuals with Memory Loss and Their Caregivers

The Caring Hearts Auxiliary of the Louis and Anne Green Memory and Wellness Center hosts fundraising activities throughout the year, including the Keep Memories Alive Walk and Shades of Green. Funds raised through these events enable the Auxiliary to sponsor caregiver support groups, caregiver Self Preservation Activities and scholarships for Day Center participants.

More than 130 guests enjoyed "Music, Memories & Dance" at the annual Shades of Green event to benefit the Memory and Wellness Center. The event raised more than \$100,000.



Terry Fedele, Dr. Marlaine Smith, FAU President Mary Jane Saunders, and Hollie Rockwell

Guests enjoyed delicious food and a live auction while being entertained with music and dancing with Dr. J. and his band and a wonderful cabaret show featuring Jennifer Sheehan and her pianist.

Held in the garden and three-story atrium of the College of Nursing building on FAU's Boca Raton campus, the event was chaired by Caring Hearts Auxiliary board member Hollie Rockwell and co-chaired by fellow board members Vanessa Boltz and Terry Fedele. The grand sponsor was Marleen Forkas, and Dr. Marlaine Smith was the honorary chair. The next Shades of Green is scheduled for Saturday, April 13, 2013. For more information, contact 561-297-4066 or nurchearts@fau.edu.



Lynn, Valentine, Campbell, Fedele and Jill Poser-Kamme

Sponsors of the Caring Hearts Auxiliary of Florida Atlantic University's Louis and Anne Green Memory and Wellness Center, along with several hundred walkers, raised more than \$600,000 at the sixth and seventh annual Keep Memories Alive "Steppin' to the Oldies, Bobby Socks Optional!" walk affairs.

"The spirit and generosity of our walkers and sponsors never cease to amaze us. Everyone who participates leaves with the satisfaction of knowing that their dollars provide valuable financial support to people dealing with memory loss and their caregivers." - Morgan Green, Caring Hearts Auxiliary board member and 2011 Walk co-chair

Presenting sponsor, Bobby Campbell recruited 50 people for his own team each year. Christine E. Lynn was the honorary ambassador, Elaine J. Wold was the honorary chair, and the honorary families were Melissa and Michael Berg and the Bitove Family.

Louis and Anne Green Generously Commit to Expand Louis and Anne Green Memory and Wellness Center



Dr. Kathleen Valentine, FAU President Mary Jane Saunders, Louis and Anne Green, and Dr. Marlaine Smith.

Louis and Anne Green have generously committed to expand the Louis and Anne Green Memory and Wellness Center on FAU's Boca Raton campus.

"Louis and Anne Green's support of the Memory and Wellness Center is amazing," said Kathleen Valentine, director of the Center. "Their gifts continue to live through the people who are suffering from memory loss who spend their days with us, and through the caregivers who find support and respite here. We are deeply appreciative of the Greens' generosity."

Construction will begin in spring 2013 on a 5,000-square-foot building (under air) connected to the current Day Center via a covered walkway. The new building will house a large multipurpose room for Day Center activities and community education as well as a kitchen, an art studio, nurse practitioner and case manager offices and treatment rooms. The building is expected to be completed in late 2013.

"The Memory and Wellness Center serves as a vibrant learning laboratory for our nursing students and faculty as well as students from the College of Medicine, the School of Social Work, the Department of Exercise Science and Health Promotion, the Department of Communications Sciences and Disorders, and more," said Marlaine Smith, Helen K. Persson Eminent Scholar and dean. "Louis and Anne Green are not only positively impacting people suffering from memory loss and their caregivers on a day-to-day basis; they are supporting the education of those who will serve this population in the future."

FAU

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Florida Atlantic University



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