

College of Nursing *Highlights*

- Save the Date: Christine E. Lynn College of Nursing 40th Anniversary Celebration on March 2, at 6 p.m.
- Save the Date: The College of Nursing Lamplighter Reception is April 9 at 4 p.m. at the College of Nursing atrium. If you are interested in sponsoring a student with a Lamplighter scholarship, click [here](#).
- Save the Date: The 2019 Anne Boykin Institute Summer Academy is June 19-21. The focus is "Social Justice as an Expression of Caring." Register [here](#).
- The College hosted "From Tragedy to Transformation: Reflections & Lessons Learned One Year after the MSD Tragedy."
- The Master Teachers of the College hosted a workshop on Mind Brain Education led by Glenn Whitman, Director of the Center for Transformative Teaching and Learning, and co-author of *Neuro Teach*.
- Dr. Lisa Wiese attended the Palm Beach County Legislative Delegation in Belle Glade, and met Fla. Senator Kevin Rader and discussed the health needs of older adults in rural communities.
- Dr. Lisa Wiese and nursing students will be conducting a health fair at Boca Woods Community on March 7.



College Launches New BSN Track for Working Adults with Degree in Another Field

FAU's College of Nursing has launched a new part-time track in the Bachelor of Science in Nursing (BSN) program on the Davie campus. This track provides a pathway for students who have a degree in another field to pursue the BSN degree on a part-time basis for six consecutive semesters.

"The part-time track offers students the opportunity to continue working while pursuing their nursing degree," said Dr. Karethy Edwards, Associate Dean for Academic Programs. Courses will include a live class one evening a week, weekend on-line courses, and live streaming delivery course formats. With enrollment in six consecutive semesters, students can complete their BSN degree in two years. Each class begins and progresses through the program as a group, sharing the same sequence of classes and educational experiences. The program also offers a VIP Concierge Service. The full service, all-inclusive track is specially designed for those with busy personal and professional commitments as well as for those who prefer the convenience of a full service, structured, cohort program. A dedicated program advisor is assigned to the cohort along with onsite support staff.

Applications will be accepted beginning March 15, 2019, and the application period will close on July 15, 2019. Classes will begin fall 2019. More information is available [here](#).



Dr. Cheryl Krause-Parello and Colleague Awarded Grant to Study Efficacy of a Service Dog Training Program for Veterans

Posttraumatic stress disorder (PTSD) affects approx. 20 percent of the 20.4 million U.S. veterans. Individuals with PTSD experience major depression, panic attacks, social phobia, alcohol/drug dependence, and more. They have increased odds of symptoms and diseases, as well as increased symptom severity causing an inability to regulate emotions, control impulsive behaviors, and function within family and society. Unfortunately, suicide rates are surging with about 7,300 veterans taking their life each year, more than die in combat.

Anecdotal evidence suggests that training service dogs may be rehabilitative for veterans with PTSD, but evidence of efficacy is lacking. Dr. Cheryl Krause-Parello and Dr. Erika Friedmann, University of Maryland, were awarded a \$438,787 NIH grant to study "Evaluating the Efficacy of a Service Dog Training Program for Military Veterans."

"This project addresses the biological and psychosocial rehabilitation challenges braved by veterans with post-traumatic stress disorder. The research evaluates the efficacy of a service dog training program—an adjunctive animal-assisted intervention—for veterans with PTSD as a scalable model intervention," said [Dr. Cheryl Krause-Parello](#), Professor, College of Nursing, and Faculty Fellow, I-HeAL.

If the service dog training program (SDTP) is successful in reducing PTSD symptom severity in veterans with PTSD and without stressing the dogs it may prove to be a cost-effective rehabilitative opportunity for other at-risk populations. This study is novel in evaluating the effects of the SDTP on the human and the dog, and is potentially generalizable and scalable with a broad reach for future implementation.



Caring is a Science, *and we study it.* Caring is an Art, *and we practice it.* Caring is a Way of Being, *and we live it.*



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