

THE CARING CONNECTION

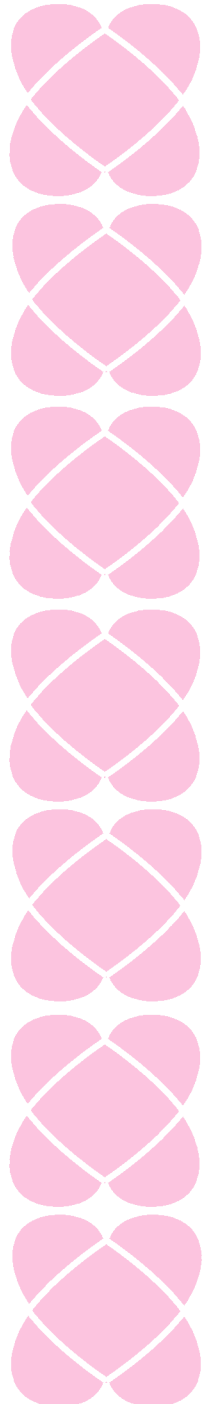
A NEWS LETTER FOR THE CARING HEARTS AUXILIARY

Supporting The Louis & Anne Green Memory and Wellness Center

SPRING 2010

2010 Shades of Green: A Return to Elegance

More than 200 guests enjoyed a special evening March 5 at the annual Shades of Green event to benefit the Louis and Anne Green Memory and Wellness Center. Held at the Eleanor R. Baldwin House, the president's mansion at FAU, the evening featured honorary chairs Nicolas Breuer, M.D., David Hevert, M.D. and Robert Sonneborn, M.D.



Turn the page for more about this event...

Shades of Green

“Return to Glamour,” hosted by the Caring Hearts Auxiliary, recreated the elegance of a posh 1950's nightclub complete with live music of the era. Thanks to our many friends and supporters, the event raised more than \$65,000 to benefit the Center.

Sponsors for Shades of Green were:

BNY Mellon Wealth Mgmt.

Louis & Anne Green

Legacy Bank

**Ambassador Health
Services**

**Boca Raton Community
Hospital Foundation**

Dr. & Mrs. Barry Davis

E.M. Lynn Foundation

Cibi Hoffman

Holli Rockwell

Jan Savarick

Richard D. Kelly

Mr. & Mrs. Richard Schmidt

Elaine Wold

Mike & Brooke Toppel

*Unfortunately, there is not
enough room here to list all
of our generous donors indi-
vidually.*

*However, your contributions
brought in a large amount of
donations and for that we
are sincerely grateful!*



A message from our president...

It is so hard to believe that my tenure as President of the Caring Hearts Auxiliary is drawing to a close. The past two years have been an exciting time not only for the Auxiliary itself but also for the entire Memory and Wellness Center family. Words will never adequately express how grateful I am for the support given to me by Dr. Denise Sparks and the entire CHA Board.

I'd like to send a very special thank you to the outgoing First Vice President, Debbie Lindstrom. She is not only a dear friend but her advice, integrity, drive and sense of purpose is second to none. She has provided valuable insight not only as a Co-Chair of the Keep Memories Alive Walk but also in all other aspects as an officer of the Board. Debbie truly represents what it means to be a Caring Heart member.

We have all seen the implementation of the Caring Connection. This newsletter is a valuable source of communication between the Center and the CHA community. The mission of this newsletter and its origination started with the vision of Board member and friend, Sheree Nicholl, and her entire committee. Nothing gives one more pleasure than to see people come together for a shared purpose and become a close group of friends. That's what I've seen with all the members of this committee. Their challenge and support of one another is admirable and a privilege to witness.

My compliments to Co-Chairs and Board members Cibi Hoffman, Holli Rockwell, CHA member Becky Davis and the rest of their committee for helping us to enjoy a trip down memory lane and a return to glamour with this year's Shades of Green.

Much applause goes to Board members Nancy Quick, Mildred Strom, Evie Zimmerman and Elizabeth Hevert for all their hard work on the Nominating Committee. They were entrusted to not only recruit new members to the Board but also to provide a new slate of Board officers. This was no easy feat!

Once you leave the CHA Board you are truly never gone. This year Board member Adele Barrett worked with former Board member Sonya Cremin to plan yet another terrific Volunteer Luncheon for the Center's volunteers. It's always wonderful and as always the volunteers are truly grateful.

Let me take this opportunity to thank Treasurer Liz Dudley for working tirelessly on the CHA financials every month. At every Board meeting I remind her that this was so not my favorite part and she took my grumbling good naturedly. Her hard work and diligence helped to ensure that every month we grew the treasury and always remained in the black.

Kudos to Elizabeth Hevert for all that she and her Membership Committee have done in bringing awareness to the community about CHA and the Memory and Wellness Center.

It is with great respect and affection that I say thank you to former CHA Presidents, Pat Thomas and Nancy Quick. Your mentorship, support and patience have meant the world to me.

What many may not be aware of is that the CHA Board works hard, many times behind the scenes, to ensure the vision and mission of CHA and the Memory and Wellness Center is fulfilled.

It has been a wonderful and challenging two years and I leave my position with pride in knowing how well this Board worked together to accomplish our common goals. I like to think that we not only served with a common purpose but more importantly served as friends and teammates.

Let's all take this opportunity to welcome back Pat Thomas as President of Caring Hearts. She is such an integral part of this organization and her commitment and vision will continue our journey forward. I guarantee to all of you this will be a new year of many challenges and with it much personal fulfillment. I promise you will not be disappointed.

Thank you and bless you all.

Karen Hoffheimer,
President



You Make a Difference

With their combined expertise, countless hours and caring hearts, Lynda Williams and Neil Cohen have transformed the CHA office! With the comprehensive database they have developed, we can now reach out to a much larger population with a lot less effort.

CHA thanks you both for your dedication.

Lynda and her husband, Paul, have lived in Florida for 13 years, originally hailing from Connecticut and California. They live in Boca and have 3 children and 5 grandchildren. Her desire to give back to the community brought Lynda to the Center and her background in accounting and financial management was used to bring more organization and open communications to CHA. Currently, Lynda manages a bookkeeping practice from her home.

Neil, originally from New York City, has worn many hats at the Center. As a caregiver, he brought his father, Lester, to the Center. He has also served in the capacity of both a volunteer and a part-time staff member. While embarking on a new career at Digital Records, Inc., he will still work part-time to maintain the integrity of our database.



The Center Offers

Programs and Services of the Memory and Wellness Center

- | | |
|--|---|
| <ul style="list-style-type: none">• Comprehensive Memory Evaluations• Adult Day Center for persons with mild and moderate memory problems• Sustaining Caregiver Programs | <ul style="list-style-type: none">• Driving evaluations• “Brain’s Gain” – 6 week memory loss prevention workshop• Community lectures – “Keeping Your mind Sharp”• Research• Taking Control Workshop |
| Consultation Education | |
| Counseling Yoga classes | |
| Support groups | |

For more information, contact Connie Simonetti at 561-297-0502

For tours of the center, contact Jean Denk at 561-297-0503

Creating Your Legacy

When planning your estate giving, please consider a bequest to the Louis and Anne Green Memory and Wellness Center. Your enduring legacy will enable our Center to consistently serve the needs of those experiencing memory loss and their families with compassion and innovation.



**from the desk of
Dr. Denise Sparks...**

Dear Friends,

Lou said it best, "It was a party!" Shades of Green 2010 was a huge success! What a wonderful thing -- for people to have a great time together while raising funds for a common purpose. Sincerest thanks to Chair, Cibi Hoffman, and Co-chairs Holli Rockwell and Becky Davis along with committee members Morgan Green, Michelle Kaufman, Krissy Martinez, Maria Selvaggio, Leslie Schroeder and Lynda Williams for their tireless efforts in putting on a fabulous party.

This year the Caring Hearts Auxiliary exceeded all previous years in their fund-raising endeavors. Their success could not have come at a better time as the Center has experienced unprecedented growth in programs and services as well. The Day Center has seen a 25% growth in participation over last year with 23 participants benefiting from the CHA Scholarship Program. Further, we have added two new caregiver support groups and participation in our SPA (Self Preservation Activities) for caregivers has nearly doubled.

Clearly the Center is meeting important needs in our community. We would not be able to provide comprehensive support to our families – as is our mission – were it not for committed friends, supporters and volunteers. Caring Hearts primarily focuses on providing Day Center scholarships and support for caregiver programs. The money raised is critical; the value received is truly incalculable – and greatly appreciated.

One last word of thanks goes to Karen Hoffheimer who is completing a two-year term as president of CHA. Without question, she has taken the group to a higher level. As long as the need persists – onward and upward we go –

With gratitude,

*Denise Sparks, PhD
Director*



MARK YOUR CALENDAR!

**Our 2010 Keep Memories Alive Walk at
Town Center Mall in Boca Raton is Sunday, November 7th.
For information on walking, sponsoring or team building,
please contact the CHA office at 561.297.4066**



See you there!



Arts and Crafts

Works by Day Center participants, family members, staff and volunteers were all exhibited at the annual Arts and Crafts Show March 26. This was a wonderful event for the entire Center community – beaming smiles all around.



Al and Cecile Fagan in front of Al's painting at the Arts and Crafts Show

Caring Connection is Going Online!

In order to help us provide more donations to support programs at the Center, we are moving our newsletter online! Please send us your email alerting us you are willing to receive our expanded newsletter online and discontinue receiving an abbreviated hard copy--just drop us a note at:

CaringHeartsAuxiliary@Yahoo.com

Thanks for your support!



How I've Stayed Married for 61 years

by June M., age 82

I don't argue over nonsense.

I've never returned what my husband buys for me.

I love it when he doesn't wait for an occasion to buy me a gift.

It's humanly impossible not to fight, but when we do fight, we always say we're sorry.

I always remember, it takes two to tango.

I always make sure he tucks me in at night.

I always tell him how special he is.

I always remember when he said, "The minute I saw you, I knew you were it."

(March 24, 2010)

It's not all about memory. This resulted from an interview between June, Day Center participant, and Dale Koppel, Day Center volunteer.



CHA is Going Green!

In order to preserve not only our environment, but also the precious resource of your donations, we are going online!

Please email us to become an online subscriber at:

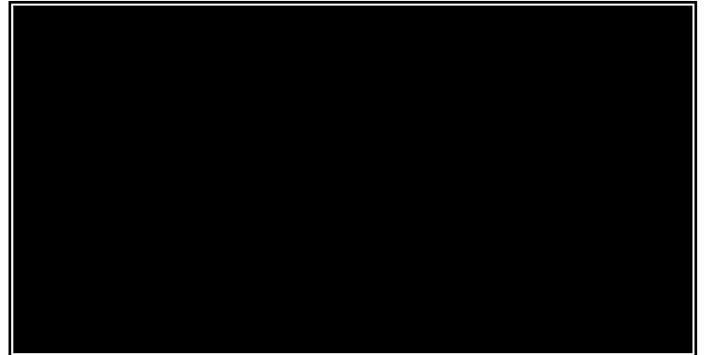
CaringHeartsAuxiliary@yahoo.com

We will remove your name from the hard copy mailing list (saving us printing and postage expenses) and email you when a new and more informative newsletter is available online!

Thank you for your support!

To contact the Caring Hearts office, please call 561-297-4066.

For general information at the Center, contact Connie Simonetti at 561-297-0502. For tours of the Center or to volunteer, please contact Jean Denk at 561-297-0503.



Caring Hearts Auxiliary
Supporting
THE LOUIS & ANNE GREEN MEMORY and WELLNESS CENTER
at the Christine E. Lynn College of Nursing
Florida Atlantic University
777 Glades Road, Bldg. AZ-79, Boca Raton, FL 33431

