

## College of Nursing *Highlights*

- Save the Date: College of Nursing White Coat Ceremony will be held on Oct. 6, at 10 a.m. at the College of Nursing.
- Save the Date: The 13th annual [Keep Memories Alive Walk](#) is Nov. 4 at the Town Center at Boca Raton.
- Save the Date: Nursing Consortium of South Florida's [Fall conference](#), "Mindfulness: Finding the Space to Care," is Nov. 16 at the Signature Grand in Davie.
- Save the Date: Christine E. Lynn College of Nursing 40<sup>th</sup> Anniversary Celebration on March 2, 2019, at 6 p.m.
- Dr. Lisa Wiese presented on the research she's conducted with Dr. Christine Williams at the 2018 International Rural Nursing Conference.
- Instructor Armiel Suriaga received the 2018-19 Johnson & Johnson - AACN Minority Nurse Faculty Scholarship. He is one of six students chosen from doctoral programs across the country.
- Dr. Debra Hain has been named the Ronald and Elizabeth Blake Distinguished Professor from 2018-2020.



## College of Nursing Places No. 1 in Florida for RN Licensure Exam

FAU's Christine E. Lynn College of Nursing placed in the No. 1 spot in Florida for the 71 graduates of its Bachelor of Science in Nursing (BSN) program who achieved a 100 percent passage rate on the NCLEX. The graduates performed above the national average passage rate of 90.05 percent; they are now registered nurses.

"Achieving a 100 percent passage rate by our graduates is a testament to our innovative and rigorous program, as well as our highly accomplished faculty and scholars who are instrumental in ensuring that the next generation of nurses in Florida succeed," said Dr. Marlaine Smith, Dean of FAU's College of Nursing. "We are very excited to be listed in the No. 1 spot in this report, and we are in great company with other Florida public schools of nursing who are performing better than the national average in preparing their graduates to achieve licensure status."

In order to practice as a registered nurse (RN) or a licensed practical nurse (LPN) in Florida, in addition to successfully graduating from a nursing program, candidates must pass the National Council Licensure Examination (NCLEX), specific to their educational program. To learn more, click [here](#).



## Morikami Museum and Japanese Gardens and College of Nursing Partner for 'Stroll for Well-being'

Stress levels in individuals are on the rise, interfering with a person's well-being. To break free of stress, many people choose to engage with nature, using a natural environment to heal. Wendy Lo, Curator of Education for Morikami, and Dr. Pat Liehr, Associate Dean for Nursing Research and Scholarship at FAU, work together on a "Stroll for Well-being." This program was designed as a result of a 2006-07 FAU College of Nursing study that showed walking in a garden helped relieve mild to moderate depression in older adults who had experienced bereavement or trauma.

The Stroll for Well-being is a therapeutic walking intervention at Morikami, a 16-acre Japanese garden. The six-week program includes two walks a week, guided by a book that emphasizes awareness, possibility, joy and fulfillment, forgiveness and gratitude themes. The intervention also includes three group meetings led by a facilitator from the College of Nursing who focuses on the garden as a nature-based resource for well-being, as well as journaling as part of each theme-guided walk.

"We tend to get a lot of Vietnam veterans who are still struggling," said Dr. Liehr. "The walk isn't the only thing they're doing, but on the stroll we let nature take its course, literally."

To learn more about the Stroll for Well-being, click [here](#).



Caring is a Science, and we study it. Caring is an Art, and we practice it. Caring is a Way of Being, and we live it.



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